

G u t h i



गुहि

m a g a z i n e



The Historic First Biskaa Jatra Celebration in London

KINGS GATE FINANCE



Kent

3-9 Station St. ME10 3DU

Hampshire

121 Victoria Rd. GU11 1JW

Call us

0333 090 1616

Email us

mortgages@kingsgatefinance.com

Website

kingsgatefinance.com



[kingsgatefin](https://www.facebook.com/kingsgatefin)



[@officialkingsgatefinance](https://www.instagram.com/officialkingsgatefinance)



[@kingsgatefinance](https://www.tiktok.com/@kingsgatefinance)



+4478 8628 1045

Your home may be repossessed if you do not keep up repayments on your mortgage.

Trust, respect, integrity, and expertise.

Kings Gate Finance is an independent UK Financial advisory business devoted to providing high-quality financial advice to private individuals and businesses. Our business is built on valued long-term relationships underpinned by trust, respect, integrity, confidentiality, and expertise. We serve clients in a broad range of sectors under one roof, including, but not limited to:

- ✓ **Mortgages**
- ✓ **Commercial Finance**
- ✓ **Bridging Finance**
- ✓ **Insurances**
- ✓ **Will Writing**



Kings Gate Finance is trading style of JPJ Dynamics Ltd which is authorised and regulated by Financial Conduct Authority under the FCA financial services register number 837497.



AMBASSADOR

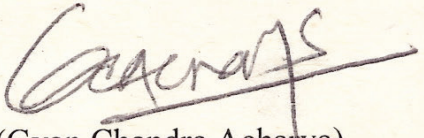
नेपाली राजदूतावास
EMBASSY OF NEPAL, LONDON

Message

I am delighted to learn that the Pasa Puchah Guthi UK (PPG UK) is publishing a souvenir named 'Guthi Magazine 2023' on the occasion of Mha Puja and Newari New Year 'Nepal Sambat 1144'. I would like to extend my best wishes to the President, all the executive members of Pasa Puchah Guthi UK and all the Newari community residing in the United Kingdom on this auspicious occasion.

The Newars are one of the indigenous populations of Nepal, which is a multi-ethnic, multi-lingual, and multi-cultural nation. The history of Nepal is influenced by the rich Newari culture, tradition, art, architecture, and literature. The practice and tradition of living goddess Kumari represents the rich Nepali tradition which has earned international reputation. I am happy to learn that the Pasa Puchah Guthi UK is collaborating with the Newari community in advancing the Newari arts, literature, music, dance, customs in the United Kingdom. The celebration of Mha Puja and the New Year Nepal Sambat 1144 is also an important manifestation of its activities. These efforts have introduced diversity of Nepal to the British audience, thus promoting the composite cultural heritage of Nepal. I believe PPG UK will continue to promote its culture, traditions, language, and literature in the days to come. Apart from this, I would also like to express appreciation for contributions in the areas of social welfare and humanitarian reliefs including during disasters in Nepal.

The publication of the Guthi Magazine every year is itself the promotion of Newari cultures and customs in the UK and I wish these pious efforts a success in the days ahead.


(Gyan Chandra Acharya)



पसा पुचः गुथि, युक्त लण्डन
PASA PUCHAH GUTHI, UK LONDON

Email: info@ppguk.org | Web: www.ppguk.org

20 October 2023

पासा पुचः गुथिया नायःया धापू

ज्वजलपा ! सकल हनेबहःपिं भाजु-मयजु !

नेपाल संवत् राष्ट्रिय संवत् १९४४ क्यंगु न्हूदंया लसताय् हलिन्यंकं थीथी देस विदेशय् च्वनादीपिं सकल नेपाःमिपिं, गुथिया सकल ज्यासना पुचःया दुजःपिं, निःस्वार्थ भावनां गुथियात ग्वाहालि यानाः तिबः बियादीपिं, दान बियाः ग्वाहालि यानादीपिं, पासा पुचः गुथि युके लण्डन संस्थां पलिस्था यानादीपिं सकल संस्थापकपिं, पासा पुचः गुथिया थीथी कचाया ज्यासना पुचःया दुजःपिं, पासा पुचःया सकलें पुलांपिं हनेबहःपि नायःपिं सकलसियां भिंउसांय, ताःआयुया नापं सकलसियां प्रगति, उन्नति व सम्बृद्धिया कामना यासं थ्व भी नेवाः जातिया दकलय् तःधंगु नखः म्हपुजा व न्हूदंया लसताय् पासा पुचः गुथि युके लण्डनया नायः जि स्कमणि मानन्धरपाखें दुनुगलंनिसें भिंतुना देछानाच्चना ।

थःगु मांदेय् नेपाः भूमि त्वःताः तापाक्क बेलायत देय्यात कर्म भूमि भाःपियाः थौं भी थन बसोवास यानाच्चना । सन् २००० सालय् 'पासा पुचः गुथि युके' नां तयाः लण्डनय् च्वनादीपिं भी हनेबहःपिं संस्थापकपिंसं तःधंगु बिचाः व तःजिक कुतः यानाः पासा पुचः गुथि युके पलिस्था यानादीगु खः । वयां लिपा सन् २००० सालंनिसें थौं तक नं मदिकक पासा पुचः गुथि युके लण्डनपाखें दंय्दसं स्वन्तिबलय् म्हपुजा नखः हना वयाच्चनागु दु ।

पासा पुचः गुथि युके लण्डनं नेवाःतय्सं हनीगु मेमेगु नं नखःचखः, कला संस्कृति, हुला प्याखं, नेपाल संवत्त्या न्हूदं, नेपालभाषा व रंजना लिपि मस्तय् तस्यनेकने यानाः नेवाः जाति, भाय् व संस्कृतिया ख्यलय् ज्या याना वयाच्चंगु नं आः नीस्वदंय् क्यन ।

थ्व इवल्य् नेपाल संवत् नीस्वनादीम्ह शंखधर साख्वाःयात राष्ट्रिय विभूति कथं नेपाल राज्यपाखें नाला कायेधुंकूगु दु । थ्व भी सकल नेपाःमिपिनि लागिं तःधंगु लसताया खं खः ।

नेपाल संवत्त्यात भी सकलसिनं हनेगु यानाच्चनागु इवल्य् नेपाल देय्पाखें नं राष्ट्रिय संवत् कथं मान्यता बीधुंकूगु जुल ।

बेलायतय् लण्डन बाहेक मेमेगु थासय् नं नेवाःतय्गु वस्ती दया वःगु दु । उकिं पासा पुचः गुथि युके लण्डनपाखें बुलुहुं बुलुहुं बेलायतया मेमेगु थासय् नं पासा पुचः गुथिया कच्चात नीस्वनेगु ज्या जुजुं वन । थ्व फुक्कं कच्चातय्सं नं आः प्रेरणा कासें म्हपुजा नखः हनेगु याना वयाच्चंगु दु । थ्व पासा पुचः गुथि युके लण्डनया तःधंगु गौरवया खं खः ।

लिपा बि.व.ति. या नं पलिस्था जुल । वयां लिपा निदंय् नेवाः मुना (बृहत् नेवाः भेला) यायेगु व वकुन्हु बेलायतय् गुलि नं नेवाःत बसोवास यानाच्चंगु दु, उपिं सकलें नेवाःत छथाय् मुनेगु ज्या जुल ।

भीगु संस्कृति क्वातुक्क, बांलाक न्ह्याका तयेगु खःसा थुकियात भीसं जक म्हसीकां मगाः । नापनापं मेपित नं भीगु संस्कृतिया म्हसीका बिया वनेगु कुतः यायेमाः । थुकिं यानाः नेवाःप्रति मेपिनि नं दुनुगलंनिसें श्रद्धा भाव बुलुहुं बुलुहुं लुया वयाच्चंगु दु । उकिं भी नेवाः धकाः सम्बोधन यायेगु नं भीत तसकं गौरव ताः ।

भलसा दु, लिपाया पुस्ताय् तक नं मदिकक भीगु थ्व पासा पुचः गुथि लण्डन सदां दयाच्चनी, भीगु थ्व गुथि निरन्तर न्हयःने न्हयाना वनाच्चनी धइगु मनतुना कासें न्हू पुस्तायात नं दुहां वयाः हःपाः तिबः बियादीत सकलसित न्ह्याबलें नं गुथिपाखें लसकुस यासें हानं छक्वः दुनुगलंनिसें भिंतुना देछाया ।

सुभाय् !

स्कमणि मानन्धर

नायः

पासा पुचः गुथि युके लण्डन ।

Website: www.ppguk.org Email: info@ppguk.org

[fb.com/groups/ppguk](https://www.facebook.com/groups/ppguk) [instagram.com/ppguk](https://www.instagram.com/ppguk) twitter.com/GuthiUK <https://goo.gl/4E7K2g>



पासा पुचः गुथि, यूक PASA PUCHAH GUTHI, UK

Email: info@ppguk.org | Web: www.ppguk.org
23a Boston Parade, W7 2DG

Charity Registered: 1182134
20 October 2023
Ref: PPGUK/23-02/11

ज्वजलपा !

हनेबहःपिं भाजु-मय्जुपिं सकलसित

न्हूदं नेपाल संवत्, राष्ट्रिय संवत् १९४४ क्यंगु न्हूदंया लसताय् सकल नेपाःमिपिं व हलिन्यंकं देशविदेशय् च्वनादीपिं सकल हनेबहःपिं भाजु मय्जुपिंत भिंउसांय, ताःआयुया नापनापं प्रगति, उन्नति व समृद्धिया कामना यासैं थ्व भी नेवाःतय्गु तःधंगु नखः म्हपुजाया लसताय् पासा पुचः गुथि युकेपाखें सकल ज्यासना पुचःया दुजःपिं, निःस्वार्थ भावनां गुथियात माःगु ग्वाहालि यानाः हःपाः तिबः बियादीपिं व दान बियाः ग्वाहालि यानादीपिं सकलसित दुनुगलंसिं भिंतुना देछानाच्चना ।

नेपाल संवत्-राष्ट्रिय संवत् १९४४ या भिंतुना !

लिपाया पुस्तां नं मदिकक थ्व भीगु पासा पुचः गुथियात न्हयःने न्हयाका यंकादी धइगु मनंतुसैं न्हूगु पुस्तायात नं दुनुगलंसिं भिंतुना देछानाच्चना ।
सुभाय् !

सुशील प्रजापति

नाय

पासा पुचः गुथि युके - (बोर्ड अफ ट्रस्टीज)



वश्व नवाह अगनारुहसन World Newah Organization

A Tax-exempt, 501(c)(3) Non-Profit Organization registered in the USA. Estd 2011.

Ref: GC-19

भितुना !

नेवाःतय्गु गौरव !
युरोप महादेशया न्हापांगु नेवाः पुचः !
संयुक्त अधिराज्यय् नेवाः भाय् व संस्कृतिया संरक्षक !
लण्डनय् नेवाःतय् २४ दँ निसँ छधिं छपं यानातइगु मंका छँ !

पासा पुचः गुथि युके लण्डन या दँपौ “गुथि”

यागु २४गू ब्वः पिथनेत्यंगु तसकं भिंगु बुखँ जुयावःगु दु ।
मय्जु **रुक्मणी मानन्धर**यागु नेतृत्वय् गुथिया सकल
दुजःपिं छगू उज्ज्वल भविष्य पाखें
न्हयाःवने फयेमा !

हलिं नेवाः दबूया पाखें
मदिक्क ग्वाहालि दयान्तुच्वनि धइगु
बचं बिउसँ हलिन्यंकया झी नेवाःत छधिं छपं जुयाः
नेपाःया तजिलजि म्वाकातये फयेमा
धइगु मनंतुना च्वना !

संयुक्त (प्रश्न)

संयुक्त श्रेष्ठ
नायः,
हलिं नेवाः दबू
नेपाल संवत् १९४३ कौलाथ्वः द्वादसि, लण्डन



पसा पुचऱ गुथि, युके लंडन

PASA PUCHAH GUTHI, UK LONDON

नूदंया निंतना



Rukmani Manandhar
President



Ojesh Singh
Vice President



Pranisha Shakya
Vice President



Lisa Dali Shrestha
General Secretary



Sabita Manandhar
Treasurer



Aastha Joshi Batajoo
Cultural Secretary



Kiran Manandhar
Sports Secretary



Rosy Manandhar
Joint Treasurer



Manish Joshi
Joint Secretary



Amita Shrestha
Executive Member



Mandira Manandhar
Executive Member



Anjeela Shrestha
Executive Member



Madhusudan Kayastha
Executive Member



Pablika Shrestha
Executive Member



Sandeep Tuladhar
Executive Member



Bimisha Shrestha
Executive Member



FINALIST

LONDON CURRY AWARDS 2109
NEPALESE CURRY RESTAURANT
OF THE YEAR

nepal
AUTHENTIC DINING



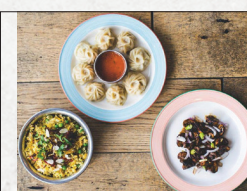
CHAPTER ONE 121 Uxbridge Road Shepherds Bush, London, W12 8NL 020 8740 7551

**CULTURE & HERITAGE CREATE AN
INCREDIBLE DINING EXPERIENCE**



CHAPTER TWO 23 Boston Parade, Hanwell, London W7 2DG 020 8840 1226

**FROM THE FOOTHILLS OF THE HIMALAYAS TO THE VIBRANT STREETS OF KATHMANDU,
NEPAL BOASTS A DIVERSE ARRAY OF FOOD INFLUENCED BY THE DIFFERING CLIMATE AND ETHNICITY.**



NEPALINLONDON

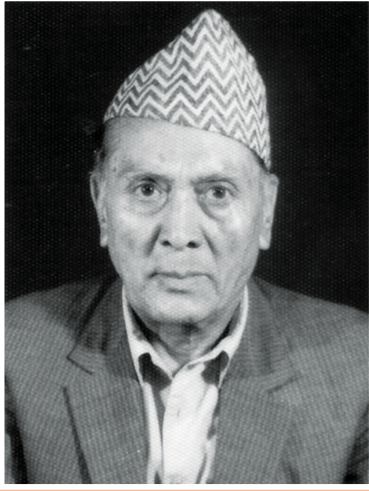


NEPAL_LONDON



NEPAL_IN_LONDON

WWW.NEPALRESTAURANT.CO.UK



प्रेमबहादुर कंसाकार । १२



सिथिनखः । ८८

गुधि गुथि

ने.सं. ११४४ न्हूदँ
इस्वी २०२३ नोभेम्बर

सम्पादक-व्यवस्थापक

ओजेश सिंह

लिशा दली श्रेष्ठ

सम्पादन ग्वाहालि

सुरेश किरण (नेपाः)

लेआउट

तेजनारायण महर्जन

प्रकाशक

पासा पुचः गुथि युके, लण्डन

Contents



LONDON BISKAA JATRA:

Creating Newah History in the UK | 8

A SHORT MEMOIR OF NEWAH CULTURE | 15

MY DEAR NEPAL | 17

जीवनया घःचाः १८

GAMA: GUMA: | 19

भाषा विधेयक व भीगु सवाल । २८



MONEY
MAKERS
27

गुर्जुया
पल्टन
३१



ख्वपया सम्पदा व पर्यटन विकास । ३५

IT IS NOT TOO LATE ! 38

DEBUNKING MORTGAGE MYTHS 140

तात्त्रिक नेवाः कवि सुरजबज्र ४७

नेपालभाषा कक्षां बीगु शिक्षा । ५०

THE VIBRANT TAPESTRY OF PPGUK, LONDON | 53

PHOTO STORY 2022-23 | 58



LONDON BISKAA JATRA:

Creating Newah History in the UK

Pasa Puchah Guthi UK has always been able to create many pieces of Newah history since its establishment in 2000AD. In 2022 though, in London there was a significant celebration, the first public event after the COVID pandemic had halted all the celebrations. The first event after such global lock down was a very bold move by Pasa Puchah Guthi UK London. In the leadership of the President Ojesh Singh and the coordination of Madhav Shrestha, Pasa Puchah Guthi, UK hosted an unforgettable London Biskaa Jatra at the Shaheed Uddham Singh Asian Community Centre in Plumstead, South East London to mark the Bi-annual Ta: Newah Muna. This event not only brought the vibrant Newah culture to the forefront but also showcased the community's strong commitment to preserving their heritage.



The centerpiece of this remarkable event was the construction and procession of two 'Raths', beautifully adorned chariots, dedicated to two revered deities of the Newah community, Bhairav and Bhadrakali. Bhairav Rath was constructed by the Pasa Puchah Guthi UK's South East London Chapter, while Bhadrakali Rath was built by Pasa Puchah Guthi UK-London. The meticulous craftsmanship and attention to detail in creating these Raths symbolized the dedication and passion of the Newah community.

The celebration commenced with the erection of YosinDyo, a ceremonial pole that marked the beginning of the Jatra. The masks of BhailaaDyo, Bhadrakali, and Betaadyo were then paraded to the Raths, where they were installed and worshiped, adding a spiritual element to the festivities. The BhailaaDyo Rath was the first to be pulled, with Sushil Prajapati leading the way, while the Bhadrakali Rath was pulled solely by ladies, with the Hapaa ritual conducted by Ojesh Singh.

This historical event was witnessed by over 800 people from all over the UK. The community also ensured that the guests were treated to the traditional Newah dish, Samay Baji, reflecting their hospitality and pride in their culture.

The second part of the event featured distinguished





नेपाल संवत् १९४४

द्गवंया
सिबुना

Sashi Manandhar & Family



नेपाल संवत् १९४४

द्गवंया
सिबुना

Anil, Ping & Mila



नेपाल संवत् १९४४

द्गवंया
सिबुना

Balmukund Joshi and Family



नेपाल संवत् १९४४

द्गवंया
सिबुना

Dr Uttam Kakshepati & Family

guests, with the Ambassador of Nepal to the U.K., Mr. Gyan Chandra Acharya, representing the Embassy of Nepal in London as the Chief Guest. The special guest for the evening was Bishnu Prasad Prajapati. The formal part of the event transitioned into a cultural program that included captivating Newah songs and dances performed by both children and adults.

Recognition and appreciation were also key components of the event, as achievement awards were presented to high-performing members of Pasa Puchah Guthi. Tokens of appreciation were extended to all the volunteers and supporters who had dedicated their time, effort, and unwavering support to make the celebration a success.

The third and final part of the Jatra unfolded in the evening, as YosinDyo was collapsed to signify the end of the procession. A symbolic moment occurred when

the BhailaaDyo and Bhadrakali Rathes were brought together, crashing head-on to signify the intercourse between the deities, a representation of cultural and spiritual significance for the Newah community.

The celebration concluded with a dinner served by Manish Shrestha and the Gurkha Club Team.

Pasa Puchah Guthi, UK's London Biskaa Jatra event in London was not just a celebration but a testament to the resilience and commitment of the Newah community to preserving their cultural heritage in a foreign land. It was a beautiful example of how traditions, when nurtured and shared with enthusiasm, can thrive even in distant corners of the world. This event is an invitation to all to celebrate the diversity and cultural richness that London has to offer, and a reminder that cultural heritage is a bridge that connects people across the globe.





गद्य व पद्य भासं
भाषानिभा: प्रेमबहादुर कंसाकारया
व्यक्तित्व व कृतित्व

प्रेमबहादुर कंसाकार



भाषा-निभा: व नेपा: देय्या प्रेमबहादुर कंसाकार
दु:ख सिया: वं ज्यूता:छिं हे याना वन भाय्या उद्धार ।

दय्का थकल 'च्वसापासा' वं 'नेवा: साहित्यिक देग:'
'आशा सफूकुथि'इ अनमोलगु मुंकल देय्या अभिलेख
'नेवा: दतले नेपा: सीमखु' प्वंका वन वं अमर बिचार
'भाषा-निभा:' व नेपा: देय्या प्रेमबहादुर कंसाकार ।

जीवन हे संघर्ष धया: वं च्याम्पति थें थ: च्वत्तुच्वला:
ब्वनेकू चाय्का: ज्ञानं जाय्का च्वय्का वन जन-मुक्ति पला:
यचुक उला क्यन जयप्रकाशया कृति 'रत्नेश्वर प्रादुर्भाव'
'भाषा-निभा:' व नेपा: देय्या प्रेमबहादुर कंसाकार ।

न्हू-पुखुली न्हू-सृजना खय्का: मांदेय्या स्वतिपाँय् फ्यंम्ह
पुलांम्ये प्याखं, न्यँकं बाखं भी धुकुती स्वथना वंम्ह
नास: खलकय् न्हयचिला: थ: हे भिंका वन वं भीगु समाज
'भाषा-निभा:' व नेपा: देय्या प्रेमबहादुर कंसाकार ।

कंभा: न्हूसां - मारं ल्यूसां गबलें हारे चा:गु मखं
छयं क्वछुना: वं बर: तया: थ: छुं हे तकमा का:गु मखं
भीगु गंगु बैय् 'सितु' स्वां हवय्का: ज्वंगु दु वं च्वसुया तलवार
'भाषा-निभा:' व नेपा: देय्या प्रेमबहादुर कंसाकार ।



वय्कः बहुप्रतिभाशालीम्ह
ब्यक्तित्व जक मखु,
नेपालभाषा आधुनिक
निवन्धया न्हयलुवाः,
बाखं चवमि, कवि,
मचा साहित्यया
चवमि, म्येचवमि, लोक
साहित्यकार, अन्वेषक व
स्यल्लाःम्ह सम्पादक नं
खः ।

प्रेमबहादुर कंसाकार (कसाः) या जन्म मां लक्ष्मीनानि व अबु आशामान सिंह कसाःया क्वखं ने.सं. १०३७ बछलाथ्व १० कुन्हु यँदेय्या मासंगल्लिया तःलबि चुकय् जूगु खः । वय्कः ल्याय्म्ह बैसय् राजनीतिइ न्हयचिलादीम्ह खः । सन् १९४२ स पटनाया रेडिकल डेमोक्रेटिक पार्टीइ सक्रिय जुयाः राजनीतिइ पिलू भायादीम्ह वय्कः वि.सं. २००४ सालं स्वनिगलय् जूगु सत्याग्रह आन्दोलनय् छम्ह न्हयलुवाः जुयाः न्हयचिलादीगु खः । नेपाल कम्युनिष्ट पार्टीया संस्थापक महासचिव पुष्पलाल श्रेष्ठयात वय्कलं हे दीक्षा बियादीगु खः । साधना प्रधान, साहना प्रधान, कामाक्षदेवीपिन्त वय्कलं राजनीति ख्यलय् वयेत हःपाः बियादीगु खः । वि.सं. २००९ सालं 'रांको' पत्रिकाय् 'नेहरू सरकारको चिहान नेपालमा' धइगु विश्लेषणात्मक च्वसु च्वयाः वय्कलं तःधंगु हलचल यानादीगु खः । थ्व च्वसु च्वःगुलिं वय् कःयात सरकारं गिरफ्तार तकं यात । थ्व घटना लिपा वय्कः आवद्ध दुगु प्रजातन्त्र संघय् कचवं पिदन । थुकिं राजनीतिप्रति वय्कःयात निरुत्साहित यानाबिल । थुबलेनिसं वय्कः राजनीति त्वःताः मुक्कं जाति, भाषा व साहित्यया ज्याय् न्हयचिलादीगु खः ।

वय्कः छम्ह शिक्षाप्रेमी नं खः । शान्ति निकुञ्ज विद्यालय व पद्मोदय हाइस्कूल स्वनेगु ज्याय् वय्कलं मू भूमिका म्हितादिल । पद्मोदय हाइस्कूलय् आजीवन शिक्षक जुयाः ज्या यानादिल । वय्कलं आखः बंका जक दीगु मखु यक्व हे ब्वमिपिन्त साहित्य व भाषा ख्यलय् न्हयचिलेत प्रेरणा नं बियादिल । थुकथं हे वय्कलं नेपालय् दकले न्हापांगु सार्वजनिक सफूकुथि प्रदीप्त पुस्तकालय नं स्वनादिल । उलि जक मखु नेपाः देसं हे गौरव तायेबहःगु आशा सफूकुथि अभिलेखालय नं चायेकादिल । अभिलेख सफू मुनेज्याया भुवलय् वय्कलं ततःधंगु मार नं फयादिल । रेडियो नेपालं २२ सालं समाचार लिकाःगु विरुद्धय् जूगु भाषा आन्दोलनया नेतृत्व नं वय् कलं यानादिल । वय्कलं नासः खलः थेंज्याःगु संस्था स्वनाः सांस्कृतिक ख्यलय् क्रान्तिकारी ज्या यानादिल । अथे हे नेवाः साहित्य देगःया म्हास म्हाकाः ने.सं. १०७० स च्वसापासा साहित्यिक संस्था स्वनादिल । अथेहे विदेशी विद्वानतनाप स्वापू तयेगु ज्याया नापनापं विदेशीतय्त भाषा स्यनेगु ज्या नं वय्कलं यानादीगु दु । पंचायतकालय् वय्कःयात मन्त्री जुइगु अवसर नं वःगु खः । तर वय्कलं व तकं त्याग यानाः मुक्कं भाषा साहित्यया लय् न्हयचिलादीगु खः ।

वय्कः बहुप्रतिभाशालीम्ह ब्यक्तित्व जक मखु, नेपालभाषा आधुनिक निवन्धया न्हयलुवाः, बाखं चवमि, कवि, मचा साहित्यया चवमि, म्येचवमि, लोक साहित्यकार, अन्वेषक व स्यल्लाःम्ह सम्पादक नं खः । वय्कःया अमर कीर्ति मध्ये छगू 'न्हूपुखू' निवन्ध संग्रह नं खः । वय्कः भारतय् वनाः 'धर्मोदय' पत्रिकाया अन्तरंग सम्पादक जुयाः तःधंगु योगदान यानादीगु दु । वि.सं. २०२० सालंनिसं ७८ अंक तक वय्कलं थः सम्पादक जुयाः 'सितु' निलापौ पिथनादीगु दु । वय्कलं जुजु जयप्रकाश मल्लया 'रत्नेश्वर प्रादूर्भाव' गीति काव्य सफू लुइकाः सम्पादन यानाः ऐतिहासिक ज्या यानादीगु दु । वय्कःया ज्याया कदर यानाः ने.सं. १०९५ स वय्कःयात च्वसापासां भाषानिभाःया पदवी बिउगु दु । अथेहे वय्कलं श्रेष्ठ सिरपाः व कस्त्राकर सिरपाः कयादीगु दुसा वय्कःया जीवनया अन्तिम इलय् (२०४६ सा) जनस्तरं तःजिक हनाः ५० द्वाः दां लःल्हायेगु ज्या जूगु खः । भीगु भाषा व देय्या निंतिं जीवन पानावम्ह भी महारथी वय्कः ने.सं. १९९९ स मदुगु खः ।

नेपाल संवत् ११४४

झुवँझा सिंतुना

Chandra and Shyam Manandhar

- Southall/Greenford

HAPPY NEW YEAR
NEPAL SAMBAT 1144

नेपाल संवत् ११४४
झुवँझा सिंतुना

Gopal Prasad Manandhar
and Family

HAPPY NEW YEAR
NEPAL SAMBAT 1144

नेपाल संवत् ११४४
झुवँझा सिंतुना

Sachetan Tuladhar
& Family



A short memoir of **Newah Culture**

Many Newah families migrated from Kathmandu Valley to Palpa around 300 years ago. Among them, the Kakshapati family who came from Bholachhe, Bhaktapur settled in Tansen, Palpa expanding their business into other districts such as Gulmi, Argha Khanchi and Pyuthan. The major festivals our family celebrate include Mohini Nakha, Bhama puja (Newah New Year), Bisket, Sithi Nakha and Gunih puni.

I would like to specifically mention about the Maha Nawami celebration, which I found interesting when I was a child.

On Nawami, a peacock's picture was drawn with vegetable oil on a clean floor next to the Mohini kotha, which was then superimposed with colourful Rekhi and

flower petals. A wooden stool (Pirka) was laid on it and a decorated Bhuyu Fasi (White Pumpkin) was placed over the Pirka. After that, the family members formed a procession with the eldest holding a sword and successive members carrying a variety of plants such as marigold, ginger, banana leaf and sugar cane. They proceed to go around the white pumpkin three times before the eldest cuts the pumpkin in half with the sword facing east. A piece of the pumpkin was offered to Goddess Durga.

This part of the celebration I found very exciting as it was quite memorable mainly because of the atmosphere generated by the sound of the Damaru and Shankha.



HAPPY NEW YEAR
NEPAL SAMBAT 1144

हृदयमा तिवुना

Tribhuvan Vaidya, Hind Maiya Vaidya
& Family



नेपाल संवत् १९४४

हृदयमा
तिवुना

Sushil Prajapati



नेपाल संवत् १९४४

हृदयमा
तिवुना

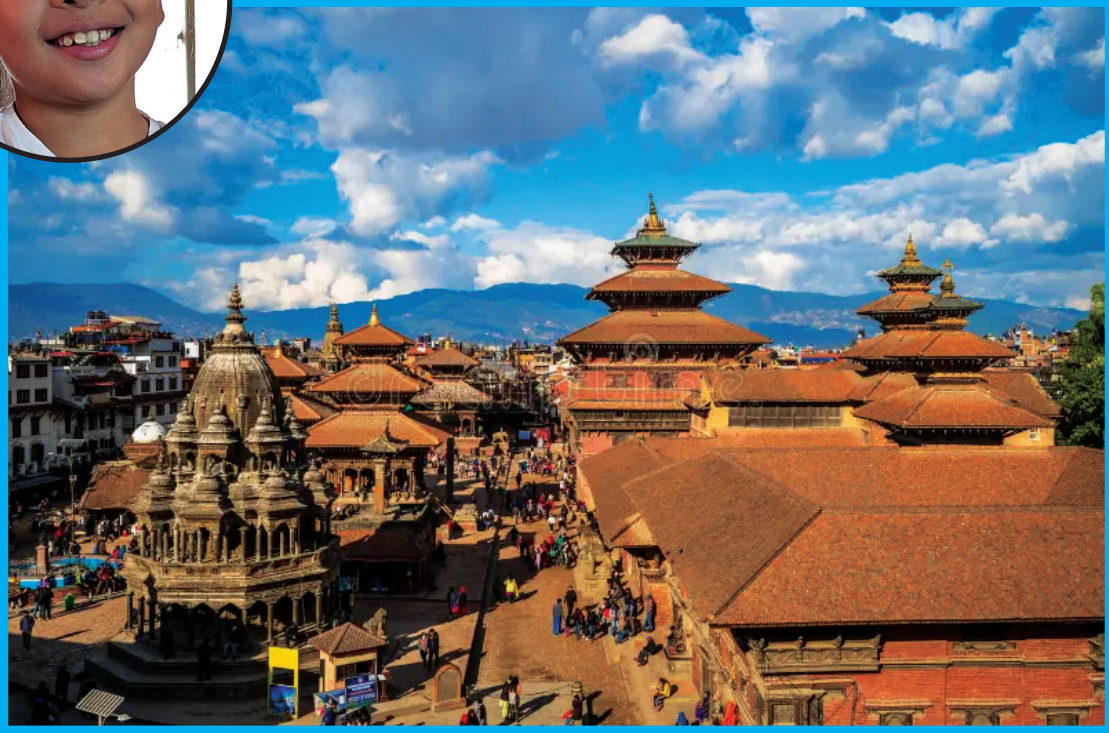
Arjun Pradhan & Family



नेपाल संवत् १९४४

हृदयमा
तिवुना

Mandira Manandhar & Family



My Dear Nepal

The drifting wind in Nepal
said 'join our land'
And I said 'I was in england'
Then Nepal siad 'Then come next year'

I asked 'why ?'
'come next year because we are
waitting for you there' said Nepal.

I wondered and asked 'What was waitting for me ?'
'People will celebrate when you came,
Temple's will welcome
you and they will give you tika' said Nepal
I felt happy and exsited and said,
'Oh I will come ! Oh I will come, My dear Nepal.'



जीवनया घःचाः

वाफय् वल, वल चिकुला
लुमुक्क वसः पुनाः सकलें नापं च्वनाः
नखः चखःया भव्य नयाः
लयल्य तायेगु ई नं थ्व हे मखुला ?

मोहनि वल, दुर्गा भगवानी !
नःला स्वनी, चालं वइ !
थकालि नकिं व थकालिं
सिन्हः तिकाः दक्षिणा बी

थःथिति पासापिं व जःलाखःलापित
मेसेन्जर, फेसबुकय् देछानाः भितुना
लयल्य तायेगु ई थ्व फुक्क मुनाः
भव्य नयेगु नापं च्वनाः

न्हि चीहाकः जुल, याकनं खिउँसे च्वनी
बःबः लं मफिउसा चिकुसे च्वनी
मोहनि सिधल, न्हयःने वल स्वन्ति
वल जितः जन्मभूमिइ जुइगु स्वन्तिया लुमन्ति

क्वःपुजा, खिचापुजा, लक्ष्मीपुजा
अले म्हपुजा, किजापुजा
तापाक च्वनाः मेसेन्जरय् स्वयाः जिं बिया
दुनुगलनिसें जिमि दाजुयात भितुना ।





Gama: Guma:

from the book 'Bhaju Nibandha'

by Thakurlal Manandhar

Through my teenage years my father used to talk to me about world civilisations. He talked about the Sumerians in Mesopotamia, the Egyptians, the Greeks, the Romans and nearer to home the Indus civilisation, Harappa and Mahenjo-daro. He loved to talk about history, of the world, of Nepal and particularly of Kathmandu valley. In the book he has written in Newa bhaye called "Bhaju Nibandha" or "Mister Essay" there is one titled 'Gama: Guma:' or 'villagers, bumpkins' in Newa bhaye. He relates this to different kinds prejudices around the world. He always had a little story to tell about his encounters with people in his life and this essay is about prejudices and discrimination he has experienced with people he has come across and understanding the wider meaning of 'gama'.

They, the village bumpkins do not like being called 'gama'. We, the town folk don't like to call them 'uncivilised'. We speak of the village folk as two faced. What they speak and assure us today will not be the same tomorrow. They are afraid we will call them 'gama' and we are afraid they might get angry if we call them so.

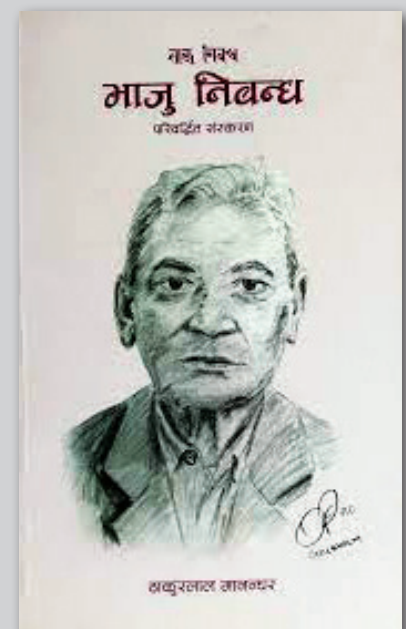
To define civilised, the word uncivilised has to be used.

If we call them 'gama' won't they get hurt and be angry? Even if the civilised world needs to use this word to educate them, they will only use it when in conversation with one another. They know they cannot use this word to call them directly. On the other hand they will smile and smirk to make it obvious.

To understand the obligations of the civilised world is to be inclusive and show compassion. To distance the

'uncivilised' world should not be the aim. U.N.O in the recent years have put forward a humanitarian ideal, not to distance and discriminate villagers, suburban and hill tribes using such words like barbarians. In the name of humanity, to unite people across the world as one race, Human Rights Day was started in December 1948. So as humans we should not discriminate, ridicule and distance people around the world but educate people across the world to understand and unite as human beings.

If you look at world history, there are examples of so called civilised countries that did not allow people from uncivilised countries to enter their country. In the past in eras of the Chinese empire, all foreigners, especially from the western hemisphere were looked upon as barbarians. Not so long ago in the Indian subcontinent, the modern al-





नेपाल संवत् १९४४

द्वांया
सिनुना

MR Sachin Shrestha &
Mrs Anjana Shrestha



नेपाल संवत् १९४४

द्वांया
सिनुना

Kiran Manandhar & Family



**PAPERWORK
SOLUTIONS LIMITED**
—Chartered Accountants, Business and Tax Advisors—

ACCA

**EFFICIENT ACCOUNTING
SOLUTIONS TO
GROW YOUR BUSINESS
WITH US.**

SHYAM SHRESTHA, ACCA
Director
PGDip, MSC(Accounts), BA(Accounts)
Chartered Certified Accountant &
Tax Advisor

Our solutions for your need :

- ✓ Book keeping and management accounts: £20/h
- ✓ VAT Returns: £49/quarter
- ✓ Annual accounts and corporation tax returns: £240/annum
- ✓ Payroll and pension fillings: £10/month
- ✓ Self-Assessments start at: £150
- ✓ Company incorporation and startup advice: £100
- ✓ Dormant accounts and tax return: £100

The future belongs to the competent.

We are a team of chartered certified accountants with more than 15 years of experience in advising on accounting, budgeting, taxation, and planning advice to small and medium-sized businesses. We specialise in raising finance and advising on strategic planning for SMEs.

Specialized Services

- ✓ Landlord Tax Returns
- ✓ Business Plans
- ✓ Cash Flow Projection
- ✓ Loan applications Support
- ✓ Charity Registration
- ✓ Capital Gain Tax Computations
- ✓ Risk Management
- ✓ Inheritance tax planning
- ✓ Mortgage Advice - partner firm



THE INSTITUTE
OF CERTIFIED
BOOKKEEPERS



01252656888 / 07867308033



Paperwork Solutions Limited



Shyam@paperworksolutions.co.uk



Suite 3 Greyholme,
49 Victoria Road, Aldershot GU11 1SJ



He asked which country I was from and if I liked milk. I said I was from Nepal and did like milk, he politely said that the cornflakes would go well with some milk in it. I felt a bit of a 'gama' then.

lopathic medicine in the western world was considered impure. Similarly in history western governments looked down at coloureds, calling them a white man's burden.

When looking for lodgings in London, it was difficult being a 'gama', a foreigner. Lodgings are advertised in shop windows but mostly are written saying 'no coloured please'. Finally luckily I manage to see an advertisement where this was not mentioned and found lodgings. Next morning at breakfast, the

गामा: गुमा:

गामा: धाये वया मय: सभ्य धाये भी मय: । गामा:तय् निपा: खवा:पा: दु । थौ धा:गु खं कन्हय् मल्हा: । गामा: धाड धका: व ग्या: । वयात तंचायेके मालिङ्ग धका: भी ग्या: । सभ्यताया परिभाषा वीत व मदयेक हे मगा: हानं गये नां मकाये ? थ:गु गांया नां काडवल्य् गां धाड छ्वायेत अनात्मया निं अर्थ छ्वायेमा:, सभ्य मुखपिनिगु वयान यायेव तिनि सभ्यताया परिभाषा प्रष्ट जुड । पत्या भासय् पाखे धाल धायेव गामा: ये अमित भीसं गामा: धायेवल्य् अमि तं मवइ ला ? उकिं सभ्य संसारं असभ्य संसारयात शिक्षा वीत मा:गु शब्द जूसां थ: थ: खं ल्हायेत जक reserve याना: अमित सीधा तप्यंक धायेत मज्जुगु धका: सीका: मधासं न्हिला जक बीगुलिङ्ग शिष्टता खनेदु । छम्ह गामालं धेवा दया: किमि

landlady had a grimace saying the neighbours had complained of her taking in an insane lodger. Only later did I come to understand it was due to my somewhat loud utterings of the Bhagabatgita the night before when I felt so lonely and had to recite maybe a little bit too loud.

Another day when I came in I spoke to a little girl aged about ten in the gardens. The landlady had noticed this from the window and when I went in she was very unpleasant asking why had I spoken to her granddaughter outside. I thought I was trying to be civil and friendly. They cannot be seen as hav-

ing a human friendship with us but only as having a superficial business relationship. I understood that it came to them as bringing their esteem down when speaking to a coloured person. On another occasion when I had to usher in the door keeper to the landlady's living room, her behaviour in front of this person was totally different. Normally she was polite but in front of other persons or outside the house she does not want to come across friendly with a coloured person. I came to realise that the kind of relationship we have with 'gama' is exactly what was happening here. I came to realise that even the very well educated Indians in England were treated in same the category as a 'gama'. When we say we are Gurkha, they seem to show interest and talked a bit more but we will still go away feeling the interaction was a bit superficial.

In Bombay on the way to London, I remember an instance when I was having an English breakfast in a hotel and began eating some cornflakes like it was some rice cake. An Indian person sitting with his wife on the next table, came to sit beside me. He asked which country I was from and if I liked milk. I said I was from Nepal and did like milk, he politely said that the cornflakes would go well with some milk in it. I felt a bit of a 'gama' then. Admittedly the Indian was polite but I kept thinking he will laughing his head off and saying what a 'gama'. His behaviour came across to me as an outwardly respectful one.



नेपाल संवत् १९४४

द्वांया तिवना

Sanyukta Shrestha, Anjana Shrestha,
Sanyojan Shrestha, Ananyaa Shrestha
- Chingford, UK



नेपाल संवत् १९४४

द्वांया तिवना

Amita Shrestha, Kiran Shrestha
Kevin Shrestha, Anisha Shrestha,
Larisa Shrestha



I said I was from Nepal and a Gurkha, but the landlady was not too happy with this treatment. To say I was a 'gama' at first in a big city maybe an understatement.

From this incident, I came away thinking we need to be understandingly respectful when we engage with 'gama'.

There has been love and hate relationship between urban and city dwellers. The suburban and the urban life styles and situations are constantly changing. The world of world wide web, www, is with us and we are all in the know because of this new world. I think there will still be that feeling on both sides of how one should react with the other when we say we are from the city or from the countryside. There will be very little difference in the way of life in the developed countries between the country dwellers and city dwellers. In the third world countries although the world of internet is fast becoming a way of life, the other infrastructure and living standards are not the same as in the developed countries. With the migration, education and mankind being more open we would like to think there would be more peace in the world than in history, but there is more global unrest in many countries and regions. The gap has widened between richer and poorer nations. In societies and regions around the world there is more instability. Universal Declaration of Human Rights (UNHR) is 75 years old this year. Racism, discrimination and the intolerance is still in all countries, regions and societies all around the world.

In his essay my father's account of a foreigner's life was

that of the early 1950's London. Then the migrants from the British colonies that came to start a new life faced much discrimination in their working life. The coloured race from the British colonies had come over to supply the shortage in the labour market. Undoubtedly the new life in England had given them better living conditions but at a price.

When I came to U.K. in 1970, life in London was not all that different. I was told to say I am a Gurkha to be treated better. I found that very true. For first six months in London as a student I was a paying guest with a retired couple in Hounslow. I found the landlord was very friendly and would ask me to sit with him in the same settee when I said I was from Nepal and a Gurkha, but the landlady was not too happy with this treatment. To say I was a 'gama' at first in a big city maybe an understatement. There was what they called 'Paki bashing' in certain areas of London. Some areas in the east end of London were no go areas, with skinheads and very real racial discrimination.

However much I have integrated into the English society in the last fifty three years, I cannot help but feel I will still get this 'gama' treatment. Maybe it happens to all when you are not in your natural habitat/environment. Let us teach people to be inwardly and outwardly respectful to others and not be prejudiced in any way. Let us make the world a better place for all.



भाषा विधेयक व भरीगु सवाल

नेपाःया संविधानया धारा २८७ या व्यवस्था कथं २०७३ भदौ २३ गते नीस्वंगु भाषा आयोगं थःगु मूल ज्या कथं २०७८ भदौल्य प्रदेशया कामकाजी भाषा सम्बन्धी सिफारिस प्रधानमन्त्रीयात लःल्हाःगु खः । उगु प्रतिवेदनय् प्रदेश नं. १ य् मैथिली व लिम्बू, प्रदेश नं. २ ल्य मैथिली, भोजपुरी व बज्जिका, बागमती प्रदेशय् नेपालभाषा व तामाङ, गण्डकी प्रदेशय् मगर, गुरुङ व भोजपुरी, कर्णाली प्रदेशय् मगर व सुदूरपश्चिम प्रदेशय् डोट्याली व थारु भाषायात सरकारी कामकाजया भाषाया स्म्य छ्यलेगु पाय्छि जू धकाः सिफारिस याःगु खः ।

तर भाषा आयोगया सिफारिस कथं प्रदेश सरकारतय्सं ज्या मयायेवं नेवाःतय् राष्ट्रिय संस्था नेवाः देय् दबू दुने नं विशेष यानाः देय् दबूया स्वनिगः विदेश कमिटी, तामाङ जातिया संघ संस्थापाखें थीथी कथं दबाब बियाःलि सरकार थ्व विधेयक हयेत बाध्य जूगु खः ।

थ्वहे इवल्य् बागमती प्रदेशय् २०८० असोज १४ गते 'प्रदेश सरकारी कामकाजको भाषा सम्बन्धमा व्यवस्था गर्न विधेयक, २०८०' पेश जुल । उगु विधेयक मन्त्री पुकार महर्जनं पेश यानादीगु खः । उगु विधेयकय् मगाःमचाःगु

खं नापं विधेयक पारित यायेगु सवालयात कयाः सहलह ब्याकेगु नितिं उगु ज्याइवःया संयोजन नेवाः देय् दबू स्वनिगः विशेष प्रदेश समितिं याःगु खः ।

बागमती प्रदेशया संस्कृति, पर्यटन व सहकारीमन्त्री पुकार महर्जनं प्रदेशय् नेपालभाषा व तामाङ भाषायात सरकारी कामकाजी भाषाया स्म्य लागू यायेगु नितिं दयेकूगु भाषा सम्बन्धी विधेयक संसदय् न्हयब्यादीगु २४ घौ दुने हे प्रदेशया राजधानी हेटौंडाय् जूगु सहलह मुंज्याय् विधेयकय् छु गज्याःगु संशोधन याये माली धइगु खंल्हाबल्हा जुल । खंल्हाबल्हाय् ब्वति कयादीपिं बागमती प्रदेशया मन्त्रीपिं उद्योग भूमि प्रशासनमन्त्री रामकृष्ण चित्रकार, अर्थमन्त्री बहादुर सिंह तामाङ, खानेपानी सिचाई उर्जा मन्त्री तिर्थ लामा, सामाजिक विकासमन्त्री कुमारी मोक्तान, वन व वातावरणमन्त्री मसिना खत्री व पुलांम्ह उपसभामुख राधिका तामाङ भाषा सम्बन्धी उगु विधेयकयात माःगु कथंया संशोधन यानाः छगू मत जुयाः पारित यायेगु बिचाः तयादीगु खः ।

वयां लिपा बागमती प्रदेशया सांसदतय्पाखें थ्व विधेयक सर्वसम्मत कथं पारित जूगु खः ।

उकी भाषाविदत्तसं तःगु छुं संशोधनयात नं दुथ्याकेगु ज्या जूगु खः । थ्व ल्याखं थ्व विधेयक पारित जूगु न्हि वंगु २०८० असोज २२ गते यंलागा दशमी नेवाः व तामाङतयगु नितीं भाषा आन्दोलनया ल्याखं तसकं लसताया दिं जुया बिउगु दु ।

बागमती प्रदेशं पारित याःगु भाषा सम्बन्धी विधेयकया पक्ष विपक्ष यानाः बहुमतं पारित याःगु जूसा फलाना पार्टी याःगु बाय् फलाना पार्टीया नेतृत्वय् दुगु सरकारं याःगु धकाः धाइगु अवस्था वइगु खः । फुक्क सांसदतसें सर्वसम्मत कथं हे पारित याःगुलिं आः थ्व दलीय रंग मदुगु सकलसिगुं मुद्दा जुल । फुक्क राजनीतिक दलं समर्थन याःगु जुल । उलि जक मखु समुदायया भावनाया अःखः राजनीतिक दलया नेता सांसदत नं वने फइ मखु धइगु क्यंगु दु । यदि सुं सांसदं थुगु विधेयकया विपक्षय् दंगु जूसा बाय्

याइ । बागमती प्रदेश दुने १३ गू जिल्ला दु । तर जिल्लाय् छुं नं कथंया प्रशासनिक इकाइ मदुगुलिं स्थानीय नगरपालिका व गाउँपालिकातयसं भाषा सम्बन्धी थःथःगु हे कानून दयेकाः लागू याये फइ । अर्थात थःगु पालिका दुने छु छु भाषायात सरकारी ज्याखंया भाषा कथं छ्यलेगु धकाः सम्बन्धित पालिकातयसं हे निर्णय याये फइ ।

थ्व विधेयकय् प्राथमिक तहनिसें उच्चशिक्षा थ्यंकं नेपालभाषा व तामाङ भाषां नं ब्वने दइगु, सरकारी कार्यालयय् थ्व भाषा नं छ्यले दइगु, थ्व भाषां निवेदन बी दइगु, तोक लगे याये दइगु, अदालतय् थ्व भाषां नं बयान बी दइगु, फैसला नं थ्वहे भाषां जारी जुइगु, थ्व भाषा विकासया लागिं बिस्कं प्रतिष्ठान गठन यानाः ज्याखं न्ह्याकेगु प्रक्रियात न्ह्याः वनी । अज्याःगु प्रतिष्ठानं थ्व भाषाया विकासया लागिं अध्ययन अनुसन्धान यायेगु, कृति प्रकाशन यायेगु ज्याखंत याइ ।

अथे हे गनं नं सरकारी कार्यालयय् वनेबलय् थ्व भाषां बिउगु निवेदन स्वीकार मयात धाःसा वा अपमान यात धाःसा अथे याइम्ह सम्बन्धित कर्मचारीयात विभागीय कारवाही समेत याये फइगु व्यवस्था थुकी यानातःगु दु ।

विधेयकय् थ्व भाषायात सरकारी ज्याखंया भाषा कथं प्रयोग यायेगु लिसे लिसें प्रदेश दुने दुगु मेमेगु भाषायात नं संरक्षण व संवर्द्धन याना यंकेगु खं दुथ्याः । गथे कि बागमती प्रदेश दुने नेपालभाषा व तामाङ भाषा बाहेक ह्योल्मो, चेपाङ, मगर आदि भाय्या नं अस्तित्व दु । थ्व भाषायात नं गय् यानाः बचे यायेगु लिसें संरक्षण याना यंकेगु धकाः योजना दयेकाः ज्याखं याना यंकेगु ज्या राज्यं याइ ।

बागमती प्रदेशय् नेपालभाषा व तामाङ भाषायात नं सरकारी ज्याखंया भाषाया स्मय् लागू यायेगु नितीं विधेयक पारित यायेधुंकाः आः ऐन जुयाः पिहां वइ । थ्व धइगु बागमती प्रदेशया नितीं जक मखु फुक्क प्रदेशया नितीं हे नमुना जूगु दु । प्रदेशया कामकाजी भाषा सम्बन्धी विधेयक न्हापांखुसि बागमती प्रदेशय् पारित जूगु दु । उकिं आः मेमेगु प्रदेशया नितीं सरकारी ज्याखंया भाषाया स्मय् लागू यायेत सम्बन्धित समुदाय दना वइ । इमिसं नं थःपिनिगु प्रदेशया कामकाजी भाषाया स्मय् लागू यायेत विधेयक दयेकेगु नितीं माःगु कथं पहल याइ । उकिं बागमती प्रदेशया थुगु ज्यां अवश्य नं मेमेगु प्रदेशय् नं लिच्चः लाइगु खनेदु ।



छुं पार्टी थुकिया विपक्षय् दंगु जूसा विशेष यानाः नेवाः व तामाङ समुदायपाखें इमित स्वीकार हे याये फइगु अवस्था वइमखु । उकिं हे प्रदेशया कामकाजी भाषाया स्मय् वःगु विधेयक सर्वसम्मतं पारित जूगु खः ।

भाषायात गन गुकथं छ्यलेगु धइगु बारे कानून हे तयार जूगु धइगु थ्व भाषा आन्दोलनया ख्यलय् छगू तःधंगु उपलब्धी खः । थ्व विधेयक पारित जूगुयां १८० न्हु लिपा थुकियात राजपत्रय् प्रकाशित याइ । वयां लिपा थ्व कानून जुयाः कार्यान्वयन जुइ । थ्व कानून जुयाः लागू जुइवं बागमती प्रदेश दुने लाःगु फुक्क जिल्लाय् खस नेपाली भाषाया नापनापं आः नेपालभाषा व तामाङ भाषायात नं सरकारी भाषाकथं छ्यलेगु



नेपाल पैसा पठाउन LEVANTINE EXPRESS, UK बाट हिमालरेमिट सेवा

तपाईंका प्रियजनले क्षणभरमै पैसा पाउने

अधिक जानकारीको लागि

Contact Details

Levantine Express Limited

Office 117a, Building 3 Chiswick Park, 566 Chiswick
High Road, London, England, W4 5YA

MANISH JOSHI

☎ +44-7795164754

☎ +44 01752875072

🌐 levexpress.co.uk

पैसा पठाउन Levantine Express App डाउनलोड गर्नुहोस्



अथवा वेबसाइट levexpress.co.uk प्रयोग गर्नुहोस्



Money Makers



*Coin of
Ranjit
Malla
dated
Nepal
Sambat
842
(1722).*

Silver mohars bearing Nepal Sambat once circulated on either side of the Himalaya.

My father was among the old breed of Lhasa Newar merchants. He owned a business house on the Barkhor, the pilgrim path around the Jhokhang Temple in Lhasa. The street was lined with stone houses and shops, almost all of them run by Newar traders from Kathmandu. Tibetan devotees with prayer wheels in their hands walked around the temple, rubbing shoulders with traders from Mongolia, Uzbekistan and other places on the Silk Road. Here in our ancestral shop, my father Karuna Ratna Tuladhar spent 17 years from the 1930s to the 1950s.

As he used to tell it, one of the main businesses at the shop was exporting Malla-era Nepalese coins to India.

Tonnes of them. These silver mohars were everywhere in Tibet as they were the main mode of payment in centuries past. After the coins were no longer used as money, they were traded for their bullion value. Tibetans from far-flung places used to come to the shop to sell their coins. When there was a large enough quantity, the coins were packed in sacks and transported to Kalimpong by mule caravan, and from there to Kolkata by motor and rail. In Kolkata, the coins were melted down and cast into bars, some of them finding their way back to Tibet. Long lines of pack mules snaked over the Himalayan passes going back and forth between Kalimpong and Lhasa—carrying coins one way and silver bars



*Bharkor
Jhyang,
Lhasa in
1946.*

the other way. Many Nepalese merchants talk about sending whole caravans laden with silver mohars to Kalimpong.

Each mule would carry two sacks of coins, one on each side. Each sack contained about 5,000 pieces. Many traders were engaged in the business, and the transactions continued for many years. So they must have sent millions of pieces to be turned into bullion. For the Nepalese merchants in Lhasa, Kolkata was the start and the end of the trade route to Tibet. Kolkata was where they sourced their Tibet-bound merchandise, and it was also where they found buyers for their Tibetan goods coming in exchange. The market for the old coins also lay in Kolkata, and so that's where they were dispatched.

Numismatists will wince at the thought of the silver mohars being sent to be melted down. All those pieces with exotic designs and glorious histories. Tibet had no coinage of its own, and the government had made a deal with the Malla kings of Nepal to mint silver coins for use there.

All three Malla kings in Kathmandu Valley struck coins with their names and emblems on them. The coins were used in domestic trade and also exported across the Himalaya. And from the 16th to the 18th centuries, Tibet's mile-high bazaars reverberated with the jingle jangle of silver mohars.

The good times came to an end after neighbouring kings tried to elbow their way into the coin trade, and ensuing disputes over exchange rates and metal content eventually led to the end of a centuries-old arrangement. The two countries even fought a few wars. In the late 1700s, Tibet began minting its own currency, and there was no need for Nepalese coins anymore. The demonetised mohars still circulating in Tibet were good for their silver content, and so they ended up in the foundry.

The Malla coins that survived into the modern age bring smiles to the faces of collectors and are keenly sought-after items in the numismatic world. Scholars study the designs and write lengthy treatises about the motifs and meanings. Collectors cherish them and proudly display their possessions at exhibitions. Like most things in Nepal, the coinage is instilled with religious symbolism. The mohars are inscribed with the name of the king on the front and a sacred salutation, and the year on the back. The letters are in Nepal script, and the year is Nepal Sambat. The sacred salutations



Coin of Riddhi Narsingh Malla dated Nepal Sambat 835 (1715)



Merchant Karuna
Ratna Tuladhar
in 1947.

are addressed to Hindu and Buddhist deities like Taleju and Karunamaya and are inscribed on a mandala design. The common emblems found on these coins are thunderbolt, trident, sword, sun and moon. There are also coins showing the eight auspicious symbols of Buddhism—fish, umbrella, conch, endless knot, victory banner, vase, lotus and wheel of law.

The lunar Nepal Sambat was the commonly used calendar era in those days. It featured on coinage, legal documents and stone and copper inscriptions from very early times. This calendar era prevailed till the late 18th century, after which it went out of official favour and was pushed into the background. But Nepal Sambat continued to be remembered in cultural life and religious celebrations. About a century ago, a journalist and scholar from Patan named Jagat Man Vaidya worked to get the calendar era accepted in official use. He is better known by his pen name Dharmaditya Dharmacharya. In later times, the movement for Nepal Sambat took the form of poetry recitals, drama festivals, welcome arches and cultural processions on New Year's Day. Every year, the revellers chanted slogans urging the government to recognise Nepal Sambat as the national era.

In 2008, during the new year programme at Kathmandu Durbar Square, people saw the culmination of the years of effort. It was a beautiful sunny morning. The then prime minister Pushpa Kamal Dahal stood up on the dais to address the crowds and declared Nepal Sambat as the national era. It had finally regained official recognition. That was a historic proclamation, but that's where things have remained since then—a historic declaration without any follow-up. It would be good to give the national era the appropriate honours, and the suitable thing to do would be to show it on the national currency like before. Seeing the home-grown era back on Nepali currency will make the country proud, and also remind us of the days when silver mohars bearing Nepal Sambat circulated on either side of the Himalaya.

HAPPY NEW YEAR
NEPAL SAMBUT 1144

नयाँ साल १९७७
कृष्ण तिहुना

Madhusudan Kayastha
& Family

HAPPY NEW YEAR
NEPAL SAMBUT 1144

नयाँ साल १९७७
कृष्ण तिहुना

Madhuri Amatya
& Family

HAPPY NEW YEAR
NEPAL SAMBUT 1144

नयाँ साल १९७७
कृष्ण तिहुना

Mahanta Shrestha
& Family

HAPPY NEW YEAR
NEPAL SAMBUT 1144

नयाँ साल १९७७
कृष्ण तिहुना

Rukmani Manandhar,
Roshan Manandhar,
Jewel Manandhar and
Manju Manandhar



गुर्जुया पल्टन



नेपाली सेनाय् शार्दुल जंग गुल्म धकाः छगू
बिस्किं गुल्म दु । श्वं याइगु थीथी ज्या
मध्ये छगू ज्या जात्रापात्राय् बाजं धायेगु नं
सः । थुकिया मू ज्याकू
यँया हनुमान्छवासा लाय्कू दुने दु । श्वहे
गुल्मयात बोलीचालीया भासं 'गुर्जुया
पल्टन' धाइगु सः ।

स्वनिगलय् न्यायेकीगु ततःधंगु जात्रात गथे कि यँयाः जुइमा
वा बुंगद्यःया रथ सालीगु जात्रा जुइमा वा जनबहाःद्यःया रथ
जात्रा जुइमा, अन थीथी कथंया बाजं थानाः जात्रा भःभः
धायेकाच्चंगु दइ । श्व थीथी बाजंया दथुइ छगू फरक बाजं
नं वयाच्चंगु दइ, गुगु नेपाली सेनाया बाजं खः, श्व बाजंयात
सामान्य बोलीचालीया भासं गुर्जुया पल्टन धायेगु याइ ।
सेनाया पल्टन धइगु खास यानाः जात्रायात राजकीय सम्मान
बीगु ल्याखं दुथ्याकातःगु पुचः खः । नेवाः जात्राय् गुर्जुया
पल्टन सहभागी जुयाच्चंगु तःदं दयेधुंकल । थुकिया उलि
चर्चा नं जुइ मखु । न्हापा न्हापा श्व पल्टन सेना हे बाजं
ज्वनाः अले उमि यःयःगु म्ये हायेकाः जात्राय् सहभागी जुइगु
खः । तर वंगु छुं दं न्हयवंनिसें श्व पल्टन नेवाःतय्गु हे धिमे
बाजं थानाः जात्राय् सहभागी जू वयाच्चंगु दु । नेपाली सेनाया
जवानतय्सं नं नेवाःतय्गु धिमे कुबियाः बाजं थाना वःगु भीगु
लागिं लसताया खं खः ।





खतुं गुर्जुया पल्टन धिमे थाना: जात्राय् पिहां वःगु थ्व न्हापांखुसी मखु । वि.सं. २०७८ सालय् जनबहा:द्यःया जात्राय् गुर्जुया पल्टन न्हापांखुसि धिमे थाना: पिहां वःगु खः । तर दथुइ लकडाउनं याना: थ्व नियमित जुइ मफुत । लिसें धिमेया तालिम कयातःपिं गुलिखे सैनिक जवानत मेथाय् सस्त्रा जुया वन, गुलिखे अवकासय् लात । उकिं न्हूपिं मनूतय्त हानं तालिम बीमाःगु जुल । वंगु यँया: पुन्हिलय् गुर्जुया पल्टनयात हानं धिमे तालिम बीगु ज्या जूगु खः ।

नेपाली सेनाय् शार्दुल जंग गुल्म धका: छगू बिस्कं गुल्म दु । थ्व याइगु थीथी ज्या मध्ये छगू ज्या जात्रापात्राय् बाजं थायेगु नं खः । थुकिया मू ज्याकू यँया हनुमानध्वाखा लाय्कू दुने दु । थ्वहे गुल्मयात बोलीचालीया भासं 'गुर्जुया पल्टन' धाइगु खः । न्हापा न्हापा थ्व पल्टन सैनिक बाजं थाना: जात्राय् सहभागी जुइगु । खास याना: जात्रायात राजकीय सम्मान बीगु ल्याखं नं थ्व बाजं सहभागी जुइगु खः । तर वि.सं. २०७७ सालय् थुकी छगू हिउपा: वल । शार्दुल जंग गुल्मया गुल्मपतिकथं खटे जुया: वःम्ह मेजर विकास शाक्यं गुर्जुया पल्टनयात सैनिक बाजंया नापनापं स्वनिगःया मौलिक बाजं धिमे नं थाकेगु कुतः न्ह्याकादिल । थुकिया लागिं वय्कलं

छगू पुचःयात धिमे तालिम नं बीकादिल । पल्टन दुने धिमे थाइगु पुचःया लागिं बिस्कं पोशाक नं व्यवस्था यानादिल । वयां लिपा थ्व परम्परा न्हयानां तुं वन ।

थौंकन्हय् शार्दुल जंग गुल्मया गुल्मपति कथं मेजर पूर्ण प्रजापति वःगु दु । वय्कलं नं थ्व परम्परायात निरन्तरता बियादिल । गुल्म दुने धिमे थाइपिं म्हो जुया वंगुलिं थुगुसी हानं न्हूगु पुचःयात तालिम बीकेगु व्यवस्था वय्कलं यानादीगु खः । उकिया लागिं १५ म्ह सैनिक जवानयात हनुमानध्वाखा दुने तया: निला तक धिमे तालिम यानादिल । थ्व तालिम बाजं गुरु सुदन मुनिकारं बियादीगु खः । उमित निला तक तालिम बिउगु खःसा थ्व पुचः वंगु यँया: जात्राय् धिमे थाना: न्हापांखुसी सार्वजनिक जूगु खः ।

गुर्जुया पल्टन गबलेनिसें अस्तित्वय् वल धका: स्वयेबलय् न्हापांम्ह शाह जुजु पृथ्वीनारायण शाहया इतिहास तक हे वने माली । गोर्खाया जुजु पृथ्वीनारायण शाहया सैनिक पुचलय् 'शार्दुल' नांगु छगू फौज नं दुगु जुयाच्चन । वि.सं १९२५ सालय् शाहं यँय् आक्रमण याःबलय् थ्व फौज नं उल्लेखनीय भूमिका म्हितूगु खः । वयागु थ्व ज्यायात हे कदर यासं पृथ्वीनारायण शाहं थ्व फौजयात यँया हनुमानध्वाखा लाय्कुलिइ हे च्वनेगु व्यवस्था यात । अबलय् जुजु च्वनीगु दरवार नं हनुमानध्वाखा हे खः ।

वि.सं. १८५६ यं जुजु गिर्वाणयुद्ध विक्रम शाहया पालय् थ्व गुल्मयात तःधं यानाः 'श्री शार्दुल जंग कम्पनी' धकाः बिस्कं गुल्म खडा यात । वि.सं. १८७२ यं जुगु नेपाल-अंग्रेज युद्धय् शार्दुल जंग कम्पनीं नं बहादुरीपूर्वक ल्वाःगु खः । तर उगु युद्धय् नेपाः बुत । बुत जक मखु, तत्कालीन अंग्रेज सरकारलिसे जुगु सुगौली सन्धि लिपा नेपाःया स्वब्यय् छब्ब भूभाग नं गुमे याये माल ।

सुगौली सन्धि लिपा नेपाःया राजनीतिइ आपालं उथलपुथल वल । दरवार दुने थीथी कथंया षडयन्त्र जुइगु शुरु जुल । थज्याःगु हे आपालं षडयन्त्रपूर्ण घटनाक्रमया दथुं नेपाःया राज्यसत्ताय् जंगबहादुरया उदय जुल । कोतपर्व यानाः जंगबहादुर सत्ताय् वःगु खः । कोतपर्व लिपा जंगबहादुरयात जुजु राजेन्द्र वीर विक्रम शाहया कान्छीम्ह रानी राज्य लक्ष्मीं प्रधानमन्त्री दयेकूगु खः । तर प्रधानमन्त्री जुइधुंकाः जंगबहादुर व रानी राज्यलक्ष्मीया सम्बन्ध बांमलाना वन । खास यानाः रानी राज्यलक्ष्मीं जुजु राजेन्द्र वीर विक्रमया तःधीम्ह काय सुरेन्द्र वीर विक्रमयात जुजु मदयेकुसे थम्हं बुइकूम्ह काय रविन्द्र वीर विक्रमयात जुजु दयेकेमाः धइगु शर्त जंगबहादुर समक्ष तःगु खः । जंगबहादुरं शुरुइ ला जिउ धकाः स्वीकार यात । तर प्रधानमन्त्री जुइधुंकाः उकियात अस्वीकार याना हल । गुकिं यानाः रानी राज्यलक्ष्मीं जंगबहादुरयात नं स्यायेगु षडयन्त्र ग्वल । उकिया लागिं रानीयात दरवारया बस्नेत भारदारतय्सं साथ बिउगु जुयाच्वन । जंगबहादुरयात स्यायेगु षडयन्त्र कथं वि.सं. १९०३ साल कार्तिक १७ गते (कोत पर्व जूगुयां ६ हप्ता लिपा) रानी राज्यलक्ष्मीं हनुमानध्वाखाया भण्डारखालय् छगू भव्यया आयोजना यात । वहे भवजय् जंगबहादुरयात स्यायेगु रानीया ग्वसाः जुयाच्वन । तर थ्व ग्वसाः पुतली नानी नांयाम्ह छम्ह सुसारें सीकाः दरवारया मूल पुरोहित विजयराज पाण्डेयात जानकारी बिल । पाण्डे थ्व खं जंगबहादुरयात कन । अबलय् दरवारय् पाण्डे व बस्नेततय् तःधंगु धेंधेंबल्लाः जुयाच्वंगु खः ।

थःत स्वायेफु धइगु जानकारी दयेवं जंगबहादुर भव्य सःतूकुन्हु पूरा तयारी यानाः फौज सहित थ्यंकः वन । जंगबहादुरयात स्याये धकाः वयाच्वं पिं फुकक हे बस्नेततय् जंगबहादुरया फौजं अन हे स्याना बिल । अन जंगबहादुरं २३ म्ह मनूयात स्याःगु खः । थ्व घटनायात नेपाःया इतिहासय् 'भण्डारखाल पर्व' धायेगु याः । थ्व घटना लिपा रानी राज्यलक्ष्मी नं देश त्वःताः काशीइ निर्वासन जू वन । जंगबहादुर भन् हे शक्तिशाली जुल ।

उगु घटनाय् थःत गोप्य सूचना बियाः साथ बिउम्ह जूगुलिं मूलपुरोहित विजयराज पाण्डेयात जंगबहादुरं 'बडा गुरूज्यू' धइगु दर्जा बिसें वयागु सुरक्षार्थ शार्दुल जंग गुल्मया हे ५० म्ह सैनिकतय् खटे याना बिल । बडा गुरूज्यूया सुरक्षार्थ खटे जुइपिं पल्टन जूगुलिं उमित 'गुरूज्यूको पल्टन' धायेगु याना हल । नेवाःतय्सं उमित 'गुरुज्या पल्टन' धायेगु यात । गुरुज्या पल्टनय् न्हापा ५० म्ह सैनिक दइगु खःसा जुजु महेन्द्रया पालय् थ्व ल्याः घटे यानाः १५ म्ह याना बिल । वि.सं. २०६५ या जेठ २८ गतेनिसें थ्व फौज हे हटे याना बिल । थुकथं गुरुज्या सुरक्षार्थ सुं पल्टन ला मन्त, तर उमित बियातःगु 'गुरुज्या पल्टन' धइगु नां धाःसा कायम हे जुयाच्वन । थुकिया स्थानीय नां 'गुरुज्या पल्टन' खःसां नेपाली सेना दुने धाःसा थुकिया खास नां 'शार्दुल जंग गुल्म' खः ।

शार्दुल जंग गुल्मं यायेमाःगु ज्या ला मेमेगु गुल्मतय्सं छु ज्या याइ, थुमिसं नं वहे याइगु खः । थुकी उमिसं मेगु छता थप ज्या याइ, व खः जात्राय् बाजं थानाः सहभागी जुइगु । यें व यलय् न्यायेकीगु ३० गू जात्राय् थ्व पल्टन बाजं सहित सहभागी जुइमाः । थुकी यलया बुंगद्यः जात्रा लिसें येंया यंयाः, मोहनिया फूलपाती, येंय भिंघःया यःसिं थनेगु, चांगु नारायण, होलीया चिरदहन आदि जात्रात दुथ्याः ।

न्ह्यागुं जात्राय् गुरुज्या पल्टनं बढाई यायेवं जात्रा न्ह्याइगु व गुरुज्या पल्टनं बढाई यायेधुंकाः जक याः न्याःगु संकेत बीगु चलन दु । गुम्ह द्यःया जात्रा यायेत्यंगु खः उम्ह द्यःया सम्मानय् सैनिक सलामी बियाः जक थ्व पल्टन जात्राय् सहभागी जू वनेगु चलन दु । न्हापा न्हापा थ्व पल्टन सैनिक ब्याण्ड ज्वनाः जात्राय् सहभागी जुइगु खःसा थौंकन्हय् धाःसा नेवाःतय्गु धिमे हे ज्वनाः सहभागी जुइगु शुरु जूगु दु । थ्व लसताया खं खः ।

थ्व गुल्मय् २०० म्ह सैनिक दु । थुमिसं यें लागाया सुरक्षाय् नं भूमिका म्हिताच्वंगु दु । खास यानाः येंय गनं मि च्यात, प्राकृतिक प्रकोप जुल धाःसा उद्धारया लागिं थ्व गुल्मया जवानत ब्यांय वनी । २०७२ सालया तःभुखाचय् थ्वहे गुल्मया जवानतय्सं उद्धारया ज्या याःगु खः । मनू बचे यायेगु लिसें सम्पदा ज्वलं बचे यायेगु ज्याय् समेत थ्व गुल्मं भूमिका म्हितूगु खः । वंगु छुं ई न्हयवंनिसें बसन्तपुलिइ यचुपिचु यायेगु, स्टाण्ड सहित स्वांया गमला तयेगु, पार्किङ चीकेगु आदि ज्या नं थ्वहे गुल्मया पहलय् जुयाच्वंगु खः । अथे हे येंया देगः व सम्पदा लागाय् घांय पुइगु, बं पुइगु, यचुपिचु यायेगु ज्याय् नं थ्व गुल्म खटे जुयाच्वंगु दु ।

HAPPY NEW YEAR
NEPAL SAMBAST 1144

नयाँ साल सन् १९७७
कृष्ण मितुना

Mr Sashi Mahaju
and Family
(Matina Swolapu)

WE WISH YOU THAT
YOUR WISHES ARE
FULFILLED THIS YEAR.

Happy New Year 1144!
Nhu Dan 1144 Ya Vintuna

नयाँ साल सन् १९७७
कृष्ण मितुना

Niranjan Shrestha,
Saraswati Shrestha,
Saloni Shrestha

- WEST Drayton

RED LION

SUSHI BAR

EAT IN
TAKE AWAY
& DELIVERY

RED LION
noodle bar



Chinese Restaurant



ORIENTAL
BUFFET CLUB

Capital

Noodle Bar



ख्वपया सम्पदा व पर्यटन विकास



सापारुं पित हङ्गु अमूर्त सम्पदा वा प्याखं
नं ख्वपया उच्च धरोहर सः । ख्वपय्
ख्वप नगरपालिकाया मूल्यांकन टोली
तयाः दैय्दसं सापारुं पित हङ्गु प्याखंयात
सिरपाः ह्रीगु घोषणा जक यायेवं धौकन्ह्य्
धन पीगु धीधी कथंया प्याखं पिथनेगु
यानाच्चंगु सः ।

ख्वप छगू सांस्कृतिक नगर खः । स्वनिगः दुने लाःगु
स्वंगू मू नगर येँ, यल व ख्वपयात विश्व सम्पदाया धलः दुने
लाकातःगु दु । उकिसनं ख्वप देय् पुलांगु व मौलिक कला
संस्कृतिं भय्बिउगु नगर खः । थन लुंयागु ध्वाखा, न्यातंपौ
देगः व न्यय्न्यापाः इयाः दरवार बिराजमान जुयाच्चंगुलिं ख्वप
मूर्त सम्पदा लागाय् उच्च स्थानय् लानाच्चंगु दु । उकिसनं
थन न्ह्याइगु जात्रा पर्व, प्याखं, नखः चखःयात दुवालाः
स्वयेगु खःसा थनया अमूर्त सम्पदा नं उलि हे जीवन्त जुयाः
नगरयात शोभायमान यानातःगु खनेदु । ख्वपया थ्वहे मूर्त व
अमूर्त सांस्कृतिक सम्पदाया कारणं नगरपालिका व स्थानीय
जनतां पर्यटन ख्यःपाखें आय आर्जन नं यानाच्चंगु दु ।

सांस्कृतिक पर्यटन विकासया लागिं सांस्कृतिक सम्पदाया



३३ मिटर अर्थात् १०८ फिट तजा:गु न्यातँपौ देग: विश्वया हे तजा:गु देग:त मध्ये छग: ख: । उकिसनं पगोडा शैलीया देग: ला थुलि तजा:गु संसारय् हे मडु । उकिं नं ख्वपया टौमढी थ्यापिं पर्यटकत थुगु देग:या दर्शन यायेधुंका: 'ओहो !' मधासैं चवने तकं फडमस्यु ।

त:धंगु भूमिका दयाचवनी । ख्वप नगरपालिकां अज्या:गु थीथी कथं पर्यटकतय्त आकर्षित याइगु सांस्कृतिक सम्पदाया जीर्णोद्धार, पुन:निर्माण नापं मर्मत सम्हार यायेगु ज्याय् न्हापांगु प्राथमिकता बियाच्वंगु खनेदु ।

२०७२ सालया त:भुखाय्या इलय् ख्वपय् आपालं सांस्कृतिक सम्पदा ध्वस्त जूवंगुलिं पर्यटकतय् आगमन हवात्त हे पा: जूवन । वयां न्हय: तकं न्हिं न्यास: खुस:या ल्याखय् पर्यटकतय्सं ख्वपया भ्रमण यानाच्वंगु ख: । अबले सार्क राष्ट्रया पर्यटक बाहेक तेश्रो मुलुकया पर्यटकतय्के म्हातिं भितका डलर कायेगु यानाच्वंगु ख: । उकियात लिपा ख्वप नगरपालिकाया न्हूगु नेतृत्वं भिन्त्यातका डलर याना यंकल । ख्वप नगरपालिकाया आय आर्जनया मू श्रोत जुयाच्वंगु पर्यटक सेवा शुल्कपाखें जक ख्वपय् शिक्षा, स्वास्थ्य, सरसफाई, संस्कृति संरक्षण लगायतया ज्या धमाधम जुजुं वयाच्वंगु दु । उकिसनं २०७६ सालया चैतं कोरोना महामारीया कारणं लकडाउन जुया: पर्यटन शून्य जुइवं ख्वप नगरपालिकाया आम्दानी ठप्प धइथें जूवन । मेमेगु कर, शुल्क, जरिवाना व केन्द्रीय सरकारं बीगु अनुदानया दामं नगरपालिकाया कर्मचारी लहीत तकं मगा:गु स्थिति ख्वपय् दु । थ्व ल्याखं पर्यटन सेवा शुल्क बन्द जुइवं नगरपालिकायात त:धंगु समस्या जुल ।

संयुक्त राष्ट्र संघीय निकाय यूनेस्कों सांस्कृतिक सम्पदा व प्राकृतिक सम्पदा कथं निथी सम्पदायात ब्वथला: उकियात सूचीकरण यानात:गु दु । उकी पशुपतिनाथ लागा, बौद्ध लागा, स्वयम्भू लागा, चांगुनारायण लागा नापं स्वनिग:या स्वंगू लाय्कूयात विश्व सम्पदा स्थल कथं क्व:छिना: उकिया संरक्षण सम्बर्द्धन व विकासया जिम्मा तकं अन्तर्राष्ट्रिय ख्यलं यायेगु प्रबन्ध मिले यानात:गु दु । उकिं नं ख्वपया चांगुनारायण देग:या पुन:निर्माण याना: संरक्षण यायेगु मुक्कं खर्च संयुक्त राष्ट्र संघीय निकाय यूनेस्कोपाखें जुल । ख्वपया छुं छगू लाय्कू लागाया सम्पदा नं यूनेस्कोपाखें पुन:निर्माणया लागिं प्रस्ताव जूगु ख:सां अज्या:गु ज्या ख्वप नगरपालिका थम्हं हे याना वयाच्वंगु दु । थ्व भ्वलय् भुखाय् लिपा न्यातँपौ देग: च्वय्या छतं पूर्वक लिपिना: न्हूगु कथं तयार या:गु ख: ।

नेपालय् न्हापानिसैं अनेकौं कथंया कला कृतिया विकास जुजुं वयाच्वंगु दु । उकिसनं नेपाली मौलिक बास्तु कला पगोडा शैलीया देग:या विकासं थन विदेशी पर्यटकतय्त उलि हे स्वयेबह: यानात:गु दु । ३३ मिटर अर्थात् १०८ फिट तजा:गु न्यातँपौ देग: विश्वया हे तजा:गु देग:त मध्ये छग: ख: । उकिसनं पगोडा शैलीया देग: ला थुलि तजा:गु संसारय् हे मडु । उकिं नं ख्वपया टौमढी थ्यापिं पर्यटकत थुगु देग:या दर्शन यायेधुंका:

‘ओहो !’ मध्यासें च्वने तकं फइमखु । थुलि तजा:गु जक मखु अपाय्मछिं धंगु गजुलिं छायापियात:गु थ्व देगल्य् च्वय् वनेत ३२ त्वाथ: गया: वनेधुंका: च्वय् नं स्वयेगु इलय् क्वय् मनूत चिचीधिक:पिं खने दयेवं अभ देग:या हे च्वय् वना: क्वस्वये खंसा गथे जुइगु जुइ धइथें मति लुयावइ । थज्या:गु विश्वस्तरया सांस्कृतिक सम्पदा धा:सा जुजु भूपतीन्द्र मल्ल थ: हे न्हय:ने च्वना: थौं स्वयां स्वस: व नीदं न्हय: तयार यानावंगु ख: । मल्ल शासनकाल खपय् थज्या:गु बास्तुकला विकासया लागिं स्वर्ण युग धा:सां जिउ । खपया त:चपा: त्वालय् बिराजमान दतात्रय देग: थौं स्वयां खुस:दं न्हय: मल्ल जुजु यक्ष मल्लं अब्ले उलि भव्य रूपं दयेकल धायेबलय् नेपाली बास्तु शैलीं खप



गुलि च्वन्हाया; उच्च धरोहर तक थ्यं धइगु कयं । उकिसनं वया लिउने दुगु धातु कला शाखा तयात:गु मथय् दुहां वनेगु ख:सा अन दुनेया काष्ठकला विश्वय् क्यनेत त्व:गु उच्च स्तरया सम्पदा ख: । थज्या:गु थीथी सम्पदां खपयात सलंस: दं न्हयवंनिसें सांस्कृतिक धरोहर कथं उच्चस्थानय् तयात:गु दु ।

थज्या:गु मूर्त सम्पदा बाहेक नं सापारुं पित हइगु अमूर्त सम्पदा वा प्याखं नं खपया उच्च धरोहर ख: । खपय् खप नगरपालिकाया मूल्यांकन टोली तया: दय्दसं सापारुं पित हइगु प्याखंयात सिरपा: बीगु घोषणा जक यायेवं थौंकन्हय् थन पीगू थीथी कथंया प्याखं पिथनेगु यानाच्वंगु ख: । थुगुसी हे जक थन घेन्टांघिसि प्याखं, माक:चा प्याखं, शेरसिंह प्याखं, भैल: प्याखं, ख्या:ग्वारा प्याखं, कवांचा प्याखं, खिचा प्याखं, म्हेखा प्याखं, जंगली प्याखं, न्या प्याखं, धुं प्याखं, सलचा प्याखं, हय् प्याखं, पहलमान प्याखं, नागाचा प्याखं, कलालिचा प्याखं, गाईचा प्याखं, देवी

प्याखं, महाकाली प्याखं, भालु प्याखं, गरुड प्याखं, सिंह प्याखं, हुला प्याखं, दबू प्याखं, म्ये प्याखं, ख्याल: प्याखं, अगुलो भ्याभ्यापौ प्याखं, नतुवाचा प्याखं, भू याउरी प्याखं, किजापूजा प्याखं, दैत्य प्याखं, लाखे प्याखं, सय् समिनी प्याखं, लाहुरे प्याखं, रामायणी प्याखं व ख: प्याखं न्हयब्वये ह:गु ख: ।

थुलि च्वन्हाया:गु मूर्त अमूर्त सांस्कृतिक सम्पदां भय् बियाच्वंगु खप देसय् गुलिं मेमेगु थासय् प्राकृतिक पर्यटक कथं वइपिं विदेशी पर्यटकत नं खपय् जकं दुगु थज्या:गु सांस्कृतिक सम्पदा वा अज्या:गु अमूर्त सांस्कृतिक सम्पदाया अवलोकन यायेत नं वयेगु यानाच्वंगु दु । उमिपाखें हाल खप नगरपालिकां म्हातिं भिंच्यास: दां नगर प्रवेशया लागिं शुल्क कयाच्वंगु दु । उकिं हे खप नगरपालिकां दय् नीन्यागू करोड ति दां म्हायाच्वंगु दु । उकिं नं खप नगरयात पर्यटकीय गन्तब्यस्थल कथं कयात:गु दु ।

पर्यटनपाखें जुइगु थ्व आन्दानीयात खप नगरपालिकां खप विकासया ज्याय् छ्यलाच्वंगु दु । नापं पस: तया: पर्यटकतय् क्युरियो सामान मिइपिं ब्यापारीतय्सं नं आय आर्जन व रोजगारी याये खनाच्वंगु दु । थथे स्वयेगु ख:सा वंगु दय् जक पर्यटकतय्पाखें खप नगरपालिकां २८ करोड दां दुका:गु तथ्यांक दु । कोरोनाया इलय् पर्यटक मवया: आन्दानी शून्य जूवंगु ख: । उकिं याना: नगरपालिकायात तसकं थाकुगु ख: । उकी सुधार जुया: हाल साल २८ करोड थ्यनाच्वंगु दु । छम्ह विदेशी पर्यटक दुहां वयेवं भिंच्यास: नेरु काइगु खपया भिंच्यागू नाकाय् पर्यटन सेवा केन्द्र बिस्तार याना: सेवा बिया वयाच्वंगु दु । उकी खौमा लाय्कू केन्द्र व चीधं ब्यासी उच्च रूपं पर्यटकत दुहां वइगु नाकात ख: । थ्वयां लिपा खप नगरपालिका वडा ९ या पूर्व लागाया च्याम्हसिंह लागा उलि हे पर्यटकत अप्व: दुहां वइगु नाका ख: ।

वयां लिपा छसिकथं राममन्दिर, भार्वाचो, त:धं ब्यासी, कमलविनायक, बाराही, बंशगोपाल, बेखाल, महाकाली, भेलुखेल, मूलढोका व जगतीं नं छसिकथं दां म्हेयेगु यानाच्वंगु दु । उकिं व:गु दां छ्यला: नगरपालिकां खप इन्जिनियरिंग कलेज, खप कलेज अफ इन्जिनियरिंग, खप कलेज, खप बहुप्राविधिक अध्ययन संस्थान लगायतया च्यागू शैक्षिक निकाययात अनुदान बियाच्वंगु दु । पर्यटनं जूगु आम्दानीयात खप नगरपालिकां शिक्षाया विकासय् अप्व: छ्यलाच्वंगु दु । थ्व विश्वया लागिं नं छगू उदाहरणीय ज्या ख: ।



It is not too late !

It is indeed an excellent news to know that there are little more than 1 Crore Nepalese residing in the outside world, other than Nepal and other SAARC (South Asian Association for Regional Cooperation) nations. As per Nepal Government source the population of Nepal is 3 Crore. There are many different communities living in Nepal and Newa is one of them. There must be around 100,000 Newa living abroad. It is a prominent group despite being smaller population wise. Newa is the only community who are self sufficient through their cultural specialty.

Newa community originated in Kathmandu valley, which was called Nepa. In those days Nepa was made

of Yen (Kantipur), Yala (Lalitpur) and Khwopa (Bhaktapur). They were independent kingdoms, ruled by their respective Kings. The community was run through a self reliant system where everything was available within itself. The then caste system was a system of division of labour – from Priest to Sweeper and all other categorical occupations in between. Through their surnames one could differentiate their caste/profession.

Newa community has their own language, scripts, cuisine and cultural festivals, entirely different than the other communities in Nepal. The world famous Ranjana Lipi which is accepted by the UN as the script of Nepal (and

a differentiator from India), is Newa script. The language spoken by Newa is Nepal Bhasha. There are so many delicacies in Newa Cuisine, which is unique to this community, such as Chhoyla, Kachila, Ta-khaa, Sanya-khuna, Wo, Aaeyle, Thwon, Baji, Puka-la, Bhuti-Simpu, Waauncha, Paun, Aalu Chhon, Dhau, Sisa-busa and many more. From cultural aspect as well this community is rich. There are many festivals observed throughout the year, such as Ghyachaku sanlhu, Pahan-charhe, Chathaa, Sapatu, Biska, Bungdya Jatra, Yen-dya punhi, Sawa Bhakku, Lakhe Pyakhan, Pulu Kisi, Mahakali Pyakhan, Maa Bau ya Khwa soyegu, Mohnai, Swanti Nakha (Mha Puja-Kija Puja) to name a few.

Though Newa was originated in Kathmandu Valley, some of them migrated throughout Nepal helping Nepal on her development in all sphere of life. There are a large number of Newa in Sikkim, Darjeeling, Kalimpong, Tibet and other Western World such as USA, UK, Europe and Australia.

Most recently the Newa community is losing their identity namely their mother tongue. We have learnt to speak other national and international languages fluently, whilst losing to speak and teach our own mother tongue—the Newa Bhaya. It is very sad that even within a family the Newa Bhaya is not spoken. It is common to see the husband and wife uses Khaye Bhaya or other foreign languages in their day-to-day conversation and communications, and similarly with the children/grand children as well. It is the responsibility of Parents and Grand Parents to teach Newa Bhaya to their children and educate them about Newa Culture and Traditions.

The issue could be overcome in time if we are determined to learn our language without hesitations and with priority. It is a

fact that the different Newa communities from various parts of the country have their own modified dialects of Newa Bhaya. For instance the dialect of Newa from Yen is different to Yala or Khwopa. This could make one uncomfortable when speaking to people from different places for being made mockery of. However in order to preserve our language we should overcome this hesitation and converse in our mother tongue.

Most of Newa Guthi's day to day meetings and programmes are conducted in languages other than Newa Bhaya. It should be discouraged to enhance and encourage usage of our own Newa Bhaya. All the Newa Guthis, mandatorily speak Newa Bhaya during Guthi activities. The Newa Guthi should also consider supporting the Newa writers. As we know our literature is very rich, hence we should take the benefit of this and preserve the invaluable literature resources. The preservation of our language and literature should be of topmost priority of our Guthis otherwise it could very well be limited in history only.

The Pasa Puchah Guthi, UK (PPGUK) is one of the most prominent Newa Guthi in the World, enhancing Newa Culture and Bhasha from its formative days many years ago. It has successfully coordinated with the rest of Newa and Newa Associations in Nepal and rest of the World in the fulfilment of the aims and objectives of preserving the Newa language and culture. It is proudly spoken in Nepal of PPG

UK as the best example of Newa and their constructive activities in the World.

Jai Newa !!

(Grandson of Baidya Panna Prasad Joshi, the writer of first-ever Dictionary, "Nepal Bhasha Shabda-Kosh", Founder of The Pasa Puchah Guthi, UK, Founder of The Sagarmatha Times, UK, Signatory & Founder of London Declaration of the NRN)





Debunking Mortgage Myths

With over a decade of experience in the financial services sector, I've had the privilege to explore various facets of the housing market, interest rates, and how individuals from diverse backgrounds perceive and respond to these factors. One of the most significant challenges I have faced is educating enough families to understand what is possible within the mortgage industry. This is why this article matters, it is time to debunk some of the most common myths within the industry. Our mission is to raise financial awareness in our community, ensuring everyone can secure a mortgage correctly from the outset, getting it right the first time.

You must have been residing in the country for a minimum of three years, to get a mortgage.

Not true. In the UK, to be eligible for a mortgage, you generally need to undergo a credit check to assess affordability and have been a resident for at least six months. Certain lenders might require a more extended period of local residency to ensure your financial stability and integration into the community.

If you intend to make the UK your permanent residence, you might qualify for a mortgage sooner, but certain conditions apply. These conditions include residing in the UK for a minimum of six months, having an income that can cover your monthly payments, and possessing enough savings to pay off any existing debts.

I am restricted to a mortgage size of 4.5 times my income

Meeting the qualifying criteria allows clients to potentially borrow up to 5.5 times their income for a mortgage, significantly expanding their home-buying budget, potentially by as much as 20%. Furthermore, the entry requirements are quite reasonable, with just a modest 5% deposit required.



For individuals employed in professions that meet the criteria, there's potential to secure a mortgage ranging from 5.5 to 6.5 times their annual salary, providing a substantial boost to their home-buying budget. Additionally, the entry requirement remains modest, as only a

minimum 5% deposit is necessary to get started.

Mortgage amount available can only be based on my Sole earned income?

There are ways for first-time buyers, movers, and homeowners to enhance their affordability.

One method is an Income Boost, which involves increasing your mortgage borrowing capacity with the assistance of a loved one. By including some or all of their earnings in your household income, lenders permit you to borrow more. Importantly, you remain the sole property owner, so there are no tax implications for you or your Booster. Your Booster isn't required to contribute to monthly repayments, but they may need to step in if you can't make payments. Additionally, sole applicants can typically include up to three additional income boosters to maximize affordability.

Another alternative is the Deposit Boost. Boosters can often offer more substantial assistance, with the possibility of receiving part of the deposit back later. Parents can support multiple children using the same pool of funds. This can be achieved through a Deposit Loan, which is an interest-free loan from them to you, repayable at a later date in a straightforward and secure manner.

Equity Loan is another choice,

representing an investment in your property that fluctuates with your home's value. Your Booster can cash out when it's mutually beneficial, subject to specific criteria.

The option of a Gift is also available, allowing your Booster to provide a gift or later convert a loan into a gift. "Dhukuti" or "Susu" is not an acceptable source of fund?

On one hand, yes, and on the other, no. We collaborate with lenders and solicitors who employ a common-sense lending approach.

The acceptability of Dhukuti as a source



of funds depends on the context. Lenders and solicitors who adopt a commonsense lending approach are familiar with the intricacies of Dhukuti and have accepted it in numerous cases.

However, it's important to note that Dhukuti is not acceptable when it involves

cash without a documented paper trail. Such transactions could be considered serious money laundering offenses. Therefore, if possible, it is highly recommended to use more official means, such as a Lifetime ISA fund. It's advisable to consult an independent financial advisor for guidance in this regard.

A personal loan can help if you're struggling to get a deposit.

When you find it difficult to save for a deposit, the idea of borrowing money might seem appealing. However, mortgage lenders may not view this favourably, as you'll have to manage two substantial loans, raising questions about your ability to meet financial responsibilities.

I should stress however that this doesn't generally apply to gifted money. For example, if your parents contribute funds for your deposit, you typically aren't required to repay it. Nevertheless, it's wise to inform your lender about the source of the funds, as transparency is always a good practice.

Armed Forces cannot buy a home without any personal savings.

If you are serving military personnel, it allows qualified individuals to borrow up to 50% of their annual income (up to £25,000) without interest for home-related expenses under the Forces Help to Buy Scheme. Repayments occur over ten years, with flexibility in when they start. The program is not limited to first-time buyers and varies in eligibility criteria between military authorities.

Generally, individuals with at least two years of service, over six months remaining, and specific medical categories qualify.

You need to have the same level of income

to find a cheaper interest rate when remortgaging.

Used generally, the term 'remortgage' can refer to refinancing with either your current lender or another one,

If you change your interest rate with your current lender, it's called a "product transfer." But it's not a product transfer if you switch to a different lender. Usually, product transfers don't require checking if you can afford it, and you don't need to prove your income or have a full property evaluation if you're not borrowing more money. This makes the process quick.

However, if you remortgage with a different lender, it might take longer, and there could be extra steps, especially if you're borrowing more money. With a product transfer, your options are limited to what your current lender offers.

You need to wait until you finish your existing mortgage to choose the new mortgage rate.

Securing a mortgage rate early increases your chance of getting the best available rate. Most lenders allow you to lock in a rate up to 6 months in advance, whether with your current lender or during remortgaging. This offers the flexibility to switch to a better rate if one becomes available. If rates increase after securing your rate, you're protected with the lower rate.

In most cases, you can cancel a secured rate without charge, providing a win-win situation. If rates rise before your fixed rate ends, you keep your lower rate, and if rates drop, you have the option to switch to a new, lower rate. However, not all lenders allow cancellations once the rate is accepted, so it's best to check with your advisor

regarding the lender's flexibility. If allowed, it's recommended to provide 7-10 working days' notice to the lender.

Self-employed people can't get mortgages.

Not true. Even though self-employed individuals lack conventional payslips to verify their income, they can still provide documentation to support a mortgage application. They have alternative means to demonstrate their earnings, such as presenting an accountant's certificate or an SA302 form. The accountant's certificate reveals income and trading figures for their business. Alternatively, the SA302 offers a concise summary of income reported to HMRC after filing a self-assessment tax return.

The great news is that we have access to lenders willing to provide mortgages based on just one year of trading accounts.

Your credit score must be perfect.

Lenders aim to ensure that borrowers can repay their loans, and they assess your credit rating for this purpose. However, if you've occasionally missed a credit card payment in the past, it doesn't mean an automatic rejection of your mortgage application. While you may not qualify for the most favourable interest rate, there's a good chance you can still secure a mortgage that aligns with your needs.

You must hold a bank account with the lender to get a mortgage.

You don't need to have an existing account with a lender to apply for a mortgage with them. During the application process, the lender will open a mortgage account which will be used for the duration of your relationship with the lender should you not wish to hold your

current account with them.

You can't change mortgage lenders.

You can. You have the freedom to switch lenders at any point during your mortgage, allowing you to remortgage your property and possibly secure better rates. However, be aware that if you have a fixed-term product rate, early repayment charges may apply.

Mortgage brokers are a more costly option.

Another myth. Mortgage brokers have access to a broader selection of options than banks, which are limited only to the specific mortgage products they offer. So, there's every chance you will get a better deal by working with an independent mortgage advisor.

I shouldn't buy a house when the news is saying interest rates are high.

Another myth. There are many reasons to buy a house, the most common being to house families. Markets will shift and change, this is true, but you will still need a place that is secure to shelter you and your loved ones. These are often the most important considerations of whether to buy a property or not to.

Key Takeaways

It is far more advantageous to talk to an advisor, be it your bank representative or an independent mortgage advisor.

Regardless of the challenges that may arise, we are committed to supporting our clients as they navigate through these challenges.

Our aim is to provide our clients with the best possible outcomes to help them make the most of this continually changing economic landscape.



सिथिनखः



नेपाःमितय् दच्छियंकं नखः हनेगु इवलय् दकलय् लिपांगु नखः
सिथि नखः खः । थुगु नखः जेष्ठ शुक्ल षष्ठि तिथि कुन्हु न्ह्याइगु
खः । षष्ठि तिथि कुन्हु न्ह्याइगु जूगुलिं थ्व नखःयात सिथि नखः
धायेगु जुयावंगु खः । सिथि नखःयात जनमानसय् फू नखः धायेगु
चलन दु । ख नं खः, थ्व नखः धुनेवं मेगु छुं हे नखः न्याइ मखु ।
अथे हे थुगु नखः दकलय् लिपांगु जूगुलिं बाय् मेगु हे कारणं गनं
गनं म्हाय् मचा नखः नं धायेगु याः । थुकियात छगू लैगिंक
विभेदया प्रमाण कथं कायेछिं ।

न्हापा न्हापा यें, यल, ख्वपय् नं न्यायेकीगु आः येंय् जक चलन
दनि । सिथिनखः बुंज्या नाप नं स्वापू दुगु नखः खः । जेठ असार
महिना धैगु वा वइगु ई खः । अथेहे किसानी तय् दच्छि यंक यात
बुंइ वा पीगु सिनाज्याया तरखर यायेगु ई जुइ ।

थ्व इलय् नखःचखः हनेगु याइ मखु । रसरंग यायेत छयलीगु बाजं नं नासः द्यःयाथाय् स्वथने यंकी । धाइनाप छैय् मनू सित धाःसां स्वाहाने तःलय् तया थकाः वा पीगु निं सिधयेका वइ ।

सिनाज्या यायेत शारीरिक रूपं बल्लाकेत सिथि नखः कुन्हु किसानीतय्सं थीथी बूबः या वः (मरि) छुना नयेगु याइ । मेमेबलय् देगु पुजा याये मन्याःपिनि थुकुन्हु देगुपुजा न्यायेकाः क्वचायेकेगु याइ । देगु पुजाबलय् नं थीथी चतांमरि, चौमरि व खुताजि बूबःया वः छुनाः द्यःयात छायेगु चलन दु । सिथि नखःया कन्हय् कुन्हु थः म्हाय् मस्तय् नखत्या सःताः नकेगु सौहार्दपूर्ण चलन आः तक नं दनि ।

सिथिनखःबलय् त्वाः त्वालय् च्वंगु तुं, हिति, बुंगाः सफा यायेगु परम्परा नं नेवाःतय्सं न्ह्याका वयाच्वंगु दनि । आःयागु बैज्ञानिक युग स्वयां यक्व न्हयः हे तुं, ल्वहंहिति व बुंगाः दयेकीपिं भी पूर्खातय्के ज्ञान मदु धाये मछिं । वा वये न्हयः हे दच्छि तकयात लः मुनेत लःया मुहान सफा यायेत सकलें त्वाःबहाः व गनं गनं गुथि खलःत नं जाइगु दु । गबलें गबलें तुं सफा यायेगु इवल्य् क्वय्थ्यंक कुहां वनीपिं मनूत थीथी ग्यासं यानाः सित धाइगु नं न्यनेदु । थज्याःगु खंय् बिचाः यायेमाःगु दुः । सिथिनखः कुन्हु मनूतय्सं थःथःगु इयालय् भ्वंयागु च्याकुं लुइकाः फलिचा दयेकाः स्वचाकाः चाःहुइकाः तयेगु चलन नं दुगु खः । ई हिलावंलिसे आः व चलन मदया वन । मध्यकालय् यँ देय्या कंगद्यःया खुसि सिथय् निखेरं निथ्वः मनूतय्सं थःथवय् अप्पां कयेकाः म्हितेगु नं चलन दुगु खः । तर थुकिं यानाः घाःपाः जुइगु व हिंसात्मक रूप काइगुलिं थ्व चलन दिका छ्वःगु जुयाच्वन ।

सिथिनखःया धार्मिक मान्यताया खं नं थन न्हयथने बहःजू । सिथि नखःयागु मेगु नां कुमार षष्ठि नं खः । पुराणया आधारय् महाद्यःया काय् जन्म जूगु दिं जूगुलिं कुमार षष्ठि धाःगु खः । नेवाःतय् छँया मूलुखा न्हयःने पिखालखु थापना यानाः छत्रपाल बाय् कुमार कथं पुजा यायेगु चलन दु । कुमार व गणेशयात बरदान बियातःकथं छुं नं ततःधंक ज्याखँ यायेबलय् पिखालखुइ कुमारयात पुज्यानाः पिहांवनेगु परम्परा दु । धार्मिक ग्रन्थय् थ्व दिंयात रावण संजिता षष्ठि धकाः नं च्वयातःगु दु । थ्व दिंयात अयोध्याया जुजु रामं थः तिरिमय्जु सीतायात रावणनाप त्वानाः त्याकाः हःगु दिं कथं कयातःगु दु (वज्राचार्य, डा. चुन्दा, नेवाः तजिलजि व नखःचखः) । अथे हे बौद्धजातक बाखनय् मचा बुयाः अशक्त जुयाच्वंमह धुंयात महासत्त्व

राजां थःगु म्हायगु ला ध्यनाः नकाः निर्वाण जूगु दिं कथं उल्लेख याना तःगु दु । अथे जूगुलिं थ्व दिं कुन्हु बहाः बहालय् महासत्त्व राजायागु गुण बखान यानाः भजन म्ये हालेगु नं चलन दु ।

सिथिनखःबलय् कुमारयात खुगः छयं दुम्ह म्हाय्खा बाहनम्ह द्यःकथ नं जात्रा यायेगु परम्परा दु । देशय् दुने कुमारी माजुयागु महत्वपूर्ण स्थान दु थें कुमारयात नं परापूर्वकालनिसें क्वाथ नायक कथं महत्व बिया तःगु दु । स्वस्थानी पुराणय् च्वयातः कथं महाद्यवं थम्हं लडाईलय् त्याके मफुम्ह तारकासुर राक्षसयात थः काय् कुमारं स्याना बिउगुलिं सेना नायक कथं सम्मान यानातःगु खः ।

कुमारयात द्यः कथं जात्रा यायेगु सन्दर्भय् यँ



देय्या न्हूघः त्वालय् आः तक नं परम्परा न्ह्याका च्वंगु दनि । सिथिनखःया स्वन्ह न्हयः हे थन द्यःछँ दुने च्वंमह कुमारयात न्हवं यानाः लंपुं छानाः फल्चाय् ब्या तइ । कन्हय् कुन्हु द्यःयात नं मचा बुइगु संस्कार नापं इहि, बाह्रा, कय्तापुजा नं यायेगु जुइ । थ्व संस्कारय् सामाजिक, सांस्कृतिक व दार्शनिक पक्ष सुलाच्वंगु खनेदु । लिच्छविकालनिसें याना वयाच्वंगु थ्व जात्राय् थसियापिं नेमकुल व न्हूघःयापिं ज्यापुतय्सं परम्परा न्ह्याका वयाच्वंगु दु । सिथि नखः या कन्हय् कुन्हु कुमारयात खतय् तयाः देय् चाःहीकेगु चलन दुगु खःसां थौकन्हय् धाःसा न्हूघः त्वाःया जःखः जक चाःहीकेगु यानाच्वंगु दु ।

जनमानसय् न्यनेदु कथं कुमारद्यः न्हूघः त्वालय् थ्यंगुया लिउने नं छपु बाखं दु । बलम्बुयाम्ह छम्ह मचा ख्वख्वं न्हूघः त्वालय् थ्यंगु जुयाच्चन । अनयापिं मनूतय्सं मचायात मरिचरि बियाः हययेका तल । लिपा बलम्बुयापिं मनूतय्सं लित ब्वना यंकल । अथेसां व मचा हाकनं न्हूघः त्वालय् हे लिहां वल । लिपा बलम्बुयापिंसं काः वःसा नं व मचा लिहां मवंसं अन हे सिद्ध जुया वन धइगु किम्बदन्ति दु । थुकथं कुमार द्यः न्हूघः त्वाःयाम्ह द्यः जुल । कुमारनाप षष्टि तिथि स्वापू दुगुलिं कुमारयात पुजा याइबलय् खुहः पलेस्वां छायेगु नापं खुताजि मरिचरि व खुताजि बूबःयागु वः छुनाः छायेगु याइ । बलम्बुयापिंसं आः तक नं सिथि नखः कुन्हु कुमारयात थः मचा भाःपियाः दँय्दसं तःजिक पुजा याः वयाच्चंगु दु ।

मेगु छता खं, जनमानसय् न्यना वयाच्चंगु धारणा कथं सुं नं

मनू उसांय् मदयाच्चन धाःसा वयागु नामं सिथि द्यः कुमारयाथाय् मत च्याकेगु चलन दु । अबलय् उसांय् बांलाइगु जूसा मत बांलाक च्याइ, मखुसा मत च्याइ मखु धइगु जनबिश्वास दु ।

थुकथं सिथि नखः दुने सांस्कृतिक पक्ष जक मखु थीथी पक्ष सुलाच्चंगु खनेदु ।

लिधंसा धलः

- बज्राचार्य, चुन्दा (नेवाः तजिलजि / नखःचखः)
- बज्राचार्य, पुण्यरत्न (भीगु नखःचखः न्यनेकने)
- पन्थी, किरण (नेपालका चाडपर्वहरू)
- पौड्याल, प्रा. डा. बिणा, शर्मा प्रा. डा. डिल्लीराज विवश पोखरेल, प्रा. डा. गोपाल (नेपाल उपत्यकाका केही जात्रा)
- न्हूघः त्वाःया स्थानीय समाजसेवी जुजुकाजी तण्डुकारलिसे यानागु न्यनेकने ।



www.balloonnepal.com

UK Contact

Deepak Shrestha

+447943866690



तान्त्रिक नेवाः कवि सुरतवज्र



बौद्ध विद्वान यज्ञमान
पति बज्राचार्यया
कथं सुरतवज्रया
रचना विश्व प्रसिद्ध
साहित्यकारपिं
विलियम शेक्सपियर,
कालिदास
आदिपिनिगु कृति
स्वयां म्हो मजू ।
जीवन धइगु
घौपलखया खं जक
ख; थ्वयां अप्वः छुं
मखु धइगु भावात्मक
खं पिज्वयेकाः
चिनातःगु
'एमहिमण्डल' चचा
दार्शनिक पक्षं जाःगु
तसकं दुर्लभगु चचा
खः ।

न्हयखं :

नेवाः धायेबलय् नेवाः भाय् व संस्कृति हे पर्यायवाची खः । अले नेवाः भाय् ल्हायेसःम्ह व नेवाः संस्कृति हनाच्चपिन्त हे जक नेवाः धायेगु यानाच्चना । अभ् थौंकन्हय् ला नेवाः साहित्य व नेवाः अधिकारया सः तयाच्चपिं विशेषतः आमसंचारय् थ्यपिं जक नेवाः खःला धयागु नं भ्रम खने दया वयाच्चन । विशेषत राणाकालया अन्तय् भाषाया ख्यलय् दुपिं जक मखु सलंसःदं न्हयः हे भी नेवाःतय्सं थःगु शिरय् छुनाः गर्व यायेबहःपिं यक्वं विद्वान साहित्यकारपिं नं दु । थुपिं मध्ये कवि सुरतवज्र बज्राचार्य नं छम्ह खः ।

यँया सुरतश्री महाविहार, तक्षबहा; असंत्वाःया काय्मचा वसपोलया प्रसिद्धि स्वनिगलय् जक मखु थौंकन्हय् चीनया स्वशासित क्षेत्र ल्हासाय् नं उलि हे दु । वज्रयान बौद्ध साहित्यय् तःपु हे चचा सृजना यानाः थःत सिद्धहस्त कविया स्मय् स्थापित यानाबिज्याःम्ह खः । पं. बद्रीरत्न बज्राचार्यया कथं वसपोल तिब्बतया पोताला लामाजुया दरवारय् तकं दुथ्याःम्ह खः ।

सुरतवज्रनाप स्वाःगु बाखं

खय्त ला नेवाःतय्सं वसपोलया तान्त्रिक प्रसिद्धि मन्यंगु खइ मखु । छक्कः वसपोल संदेश वनाच्चबलय् अनया पोताला लामा गुरुपिं नाप च्या त्वनाच्चंगु इलय् यँया असनय् थःगु छँ मिं नःगु खन । अले वहे च्या म्हुतुइ धुतु तयाः फू यानाः पिच्च याना छ्वत । थुखे थः ज्वलिंज्वःम्ह पोताला



लामा गुरुं वसपोलया थज्याःगु पहः खनाः अजू चायाः न्यन ।
लिसलय् वसपोलं थःगु नेपाःया छँ मिं नःगुलिं मि स्यानागु
धयाबिज्यात । वसपोलया ऋद्धि बल खनाः लामा गुरु भन
हे अजू चाल । अले थः चेलातपाखें नेपालय् न्यनेकने याना
स्वःबलय् खः वसपोलया छँ मिं नःगु । अले उगु इलय् वा
वयाः मि सीगु नं खः । लामा गुरुं थ्व खँ सियाः थथिंजाःम्ह
वसपोलयात नेपाः लित मछ्वसे सदां सँदेसय् तया तयेगु
जुक्ति यात । अभ ला ब्रम्हपुत्र खुसि छीका बीपिं माभीतय्त
वसपोल बिज्यातकि खुसि छिका मबीत उजं बिया तल । थ्व
खँ वसपोलं सियाः ब्रम्हपुत्र खुसि सिथय् तक बिज्यात । तर सुं
हे माभीतसें खुसिपारी यंका बीगु साहस मयाः । बरु वसपोल
स्वयं 'जयबाँच्छली' चचा चिनाः थःगु कसाय्गायात नाउया
स्मय् तयाः उकी च्वनाः चचा हाहां खुसि छिनाबिज्यात । मेगु
खँ, लामा गुरुंपिसं वसपोल ल्हासाय् हे मन्त धकाः वसपोलया
छँय् सीपौ तक छ्वया बिल । वसपोल छँय् थ्यंबलय् उगु पौया
आधारय् परिवारं वसपोलया मृत्यु संस्कार यानाच्वन । नेवाः
संस्कारकथं मृत्यु संस्कार यायेधुंकल कि जीवित हे जूसां छँय्
दुहां वने मजिउ । वसपोलं नं छँजःपिसं थःगु मृत्यु संस्कार
याःगुलिं मन स्यंकाः 'छिपिं वय् उइं खः । गबले तक तक्ष
बहालय् थज्याःपिं दइ जि मसीनि धकाः सीकि' धयाः थःगु
पुजा कोथाय् दुहां वन । अनलि गन थ्यन गन वन धइगु सुनानं
मसिउ धाइ ।

सुरतबज्र म्हसीके :

वसपोल सुरतबज्रयात म्हसीकेगु आधारत खः थुकथं दु -

१. सुरतबज्रया चचा म्ये

वसपोल सुरतबज्रं तःपु हे चचा म्ये चिनाबिज्याःगु दु ।
वसपोलया चचाया भाव स्वयेबलय् विश्वया नांदपिं साहित्यकार
कविपिनि सृजना स्वयां म्हो मजू । 'एमहि मण्डल' चचाया
न्हापांगु इवः छकः स्वये -

एमहि मण्डल मेरु समुद्रा ।

जनधन यौवन उदक विन्दु चन्द्रा ॥

थुकी वसपोलं पृथ्वीयात मत्स्य मण्डल धकाः उपमा बिया
तल । पृथ्वी धयागु छगू मानव समुद्र खः । थन च्वपिं मनुष्यया
जीवन वा यौवन धइगु मात्र पतिनं लः छफुति सर्गतय् ठिक्क
मिकाः छ्वयेबलय् सर्गतय् थहां वनाः कुहां वयेत लःयात
गुलि ई माः उलि हे जक खः । अर्थात् मनुष्य जीवनया आयु
वा अवधि धइगु सरगतय् लः बिन्दु बीबलय् च्वय् थहां वनाः
चन्द्राकार जुयाः कुहां वयेत माःगु ई जक खः धकाः भाव व्यक्त
याना तःगु दु । थुकिं कयं थ्व चचाय् छ्यलातःगु खंग्वः गुलि मू
वं अले थुकिया भावं भन मनुष्य जीवनया सम्पूर्ण ईयात गुलि
सहज व सरल ढंग क्यनातःगु दु । राग भैरवि, ताल सनिया
थ्व चचा वज्रयानया उत्कृष्ट गुह्य पुजाय् छ्यला वयाच्वंगु दु ।

बौद्ध विद्वान यज्ञमान पति बज्राचार्यया कथं वसपोलया
रचना विश्व प्रसिद्ध साहित्यकारपिं विलियम शेक्सपियर,
कालिदास आदिपिनिगु कृति स्वयां म्हो मजू । जीवन धइगु
घौपलखया खँ जक खः, थ्वयां अप्वः छुं मखु धइगु भावात्मक
खँ पिज्वयेकाः चिनातःगु 'एमहिमण्डल' चचा दार्शनिक पक्षं
जाःगु तसकं दुर्लभगु चचा खः ।

पद्य साहित्य विधाया स्मय् च्वइगु चचा चिनाखँ वा म्ये धाःसा
मखु । चिनाखँ वा म्ये मुक्कं कविया कल्पनां पिज्वःगु काल्पनिक
साहित्य खःसा चचा म्येय् कविया कल्पना मखुसँ योग साधना
यानाः पिज्वःगु भाव वा प्रत्यक्ष ज्ञान खः । थज्याःगु ज्ञानयात
खंग्वलय् हना तयातःगु चचा साहित्य खः । उकिं चचाय्
मानवीय जीवन, बौद्ध दर्शन व वज्रयानी बौद्ध देवदेवीपिनिगु
वर्णन दइ । अर्थात् थःगु साधनाया बलं खंगु शाब्दिक न्हयब्वया
हे चचा खः । थथे जुयाः सामान्य ज्ञान व भावं चचाया भाव
दुग्यंक थुइके थाकु । चचा विशेषतः वज्रयानी पुजाय् हालेगु

याइ । थुकिं पुजाय् स्वयं द्यः हे बिज्यानाच्चंगु अनुभूति जुइ । म्येया स्मय् हालीबलय् संगीतकारं स्वयाः माःगु बाजं तइ । लिसें माः कथं अलाप नं दयाच्चनी । न्ह्याथाय् हाःसां ज्यू । तर चचाय् चचाया शीर्षक चचाया न्हापांगु खंयः जुइ । धुवा स्वंगुगु इवः जुइ । सामान्यत निइवः निइवःया छगू चरण जुयाः न्यागू चरण दइ । चचा म्ये हालीबलय् न्हापा व लिपा राग कायेगु अनिवार्य खः । पुजा व साधना चचाया मदयेक मगाःगु वातावरण खः । पुजा व साधना मदुथाय् हालीगु चचा, चचा जुइ मखु । बाजंया स्मय् ताः छगू हे जक दइसा डमरु रागय् जक थायेगु प्रचलन जुल । सामान्यत च्वमिया नां दइमखु । दुथाय् नं चचाया अन्तय् चचाय् तुं च्वमिया नां घानातःगु दइ । गथे एमहिमण्डलय् 'सुरतवज्र भनयिया अचिन्तालय बोधा' धकाः च्वमिया नां न्ववाका तःगु दु । मेगु खं, चचाय् उगु इलय् बौद्ध साहित्य व दर्शनय् प्रचलन जुयाच्चंगु अप्रभंश, बंगाली, संस्कृत आदि भाषाया खंयःत नं छयला तःगु दु ।

सुरतवज्रं चिनाबिज्याःगु आः तक प्रचलनय् वयाच्चंगु चचात खः- ए महिमण्डल, जयंबाच्छली, षोडशहायन, नाभिमण्डल, भास्वर, विषय विषय, धरधर, श्रीमहामञ्जुश्री, काल्पावस्थित, हुंकारसंभव, सहजसरोरुह, दिनमणि मण्डल आदि ।

२. ऐतिहासिक तथ्यत :

सुरतवज्रया जीवनकालया प्रामाणिक इतिहास अफ नं अनुसन्धान याये ल्यं हे दनि । मेखे वसपोलया सन्तान जीवचन्द्र बज्राचार्ययात यक्ष मल्लया काय् जुजु राय मल्लया पालय् खपय् सःतूगु ने.सं. ६११ आश्वीन बदि १५ यागु टिपोट लूगु दु । थ्व कथं स्वयेगु खःसा ने.सं. ६११ जःखः वा थ्वयां न्हयः वसपोलया जीवनकाल जुइमाः । गनं गनं जीवचन्द्र वसपोलया हे काय् खः धकाः नं उल्लेख जुयाच्चंगु दु । पुलांगु गुह्येश्वरी कुण्डय् लिकाये-तये जिउगु कलश वसपोलं प्रतिस्थापन यानाबिज्याःगु खः ।

लिधंसा ज्वलं

१. वज्राचार्य, आनन्द मुनि. (ने.सं. १९३१). श्री हेवज्र नैरात्मा देवी म्हसीका, यैः वज्रयान बौद्ध तथा महाविहार संघ ।
२. वज्राचार्य, पं. बदिरत्न. (ने.सं. १९३६). न्हापायापिं प्रसिद्ध बज्राचार्यपिं, यैः सिद्धि धर्महर्ष धार्मिक संरक्षण संस्था ।
३. वज्राचार्य, मदन सेन. (ने.सं. १९१९). दे आचार्य गुथि, यैः बज्राचार्य संरक्षण गुथि साहित्य पाःलाः ।
४. वज्राचार्य, यज्ञमान पति. (वि.सं. २०५६). चर्यागीतः नेपाल मण्डलया बौद्ध संस्कृति सम्मेलन १९१९ छगू प्रतिवेदन, यलः लोटस रिसर्च सेन्टर ।
५. वज्राचार्य, यज्ञमान पति. (मिति मदु). हेवज्र कक्षा, यैः बौद्ध दर्शन अध्ययन पुचः ।
६. वज्राचार्य, रत्नकाजी व विजयरत्न. (ने.सं. १९०३). नेपाः देया विहारया ताःचा, यै ।

३. दे आचार्य गुथि :

सुरतवज्रया जीवनकाल लनास्वयेगु छगू बांलाःगु माध्यम खः गुरु बज्राचार्यपिसं दंयदसं हना वयाच्चंगु दे आचार्य गुथि (दे आचाःगू) । दे आचाः गुथिइ प्यूथान धयातःगु प्यंगःथां मध्ये वसपोल नं छम्ह खः । थौंतक नं वसपोलया प्रतिनिधित्व यानाः दे आचाःगुइ सुरत श्री महाविहारया चक्रेश्वर च्वनाः न्हापांगु न्हि कुन्हु स्वयम्भूया मूल भगवान न्हयःने पुजा यायेगु प्रचलन दनि । दे आचाःगू स्वनिगःया विहारतय् प्रतिनिधि गुथि खः । लिपा वनाः यैया भिंच्यागू विहार जक दुथ्याना च्वंगु खनेदु । दे आचाःगुइ वाकवज्र, लीलावज्र व मञ्जुवज्रयात मेगु स्वंगः थांया स्मय् कयातःगु दु । वाकवज्रया ई पाँचौं शताब्दि खः । थथे हे लीलावज्रया ई सातौं शताब्दि खः । थ्व कथं स्वयेबलय् सुरतवज्रया ई ब्यः नं वहे क्रमय् दयेमाः । आचाः गुथिइ पाठ याइगु पञ्चरक्षा सफुतिइ उल्लेख जुयाच्चं कथं उगु सफू खुया यंकूगुलिं हानं च्वयाः गुथियात लःल्हाना तःगु जुल । थ्व सफुतिइ महेन्द्र मल्ल जुजुया नां उल्लेख याना तःगु दु । महेन्द्र मल्लया शासनकाल ने.सं. ६९३ जःखः खः । भाजु मदनसेन बज्राचार्यया अनुसन्धान कथं दे आचाः गुथि ने.सं. ६९३ स्वयां यक्व हे न्हयः स्थापना जूगु खनेदु ।

ल्यंपुल्यं :

सुरतवज्र बज्राचार्य बौद्ध दर्शन व बौद्ध तन्त्रयात थःगु जीवनया साधनाया अंगया स्मय् छयलाबिज्याःम्ह छम्ह प्रसिद्ध नेवाः कवि खः । वसपोलं च्वयाबिज्याःगु पद्य साहित्य मात्र नेवाः भासं जक मखुसं वसपोलयाके थीथी भाषा ज्ञान नं खः । विश्व साहित्यय् ज्वःमदुगु साहित्य साधकया स्मय् सकल नेवाःतय् लागि प्रेरणाया स्रोत नं खः । वसपोलया जीवनी, कृति व योगदानयात लुमंकाः वसपोलया बारे अफ अप्वः अनुसन्धान यानाः पीत बी फत धाःसा उगु ईया भीगु साहित्य व संस्कृति विश्व समुदायया निंतिं नं प्रेरणा जुइ ।



नेपालभाषा कक्षां बीगु शिक्षा

सुं नं मनूया जीवनय् गुलि महत्व वयात जन्म बिउम्ह मांया दइ उलि हे महत्व वयागु मांभाय् या नं दइ । गुगु खंयात छगू इलय् झीगु समाजं ल्वःमंकूगु खः । तर, 'न्हयलं चायेवं सुथ जुइ' धायेथें थौंया दिनय् मांभाय्या महत्वयात अप्वःसिनं थुइकूगु झीसं खंकेफु । वास्तवय् धायेगु खःसा झी महाकवि सिद्धिदास महाजुं झीत लःल्हानावंगु 'भाषा म्वाःसा जाति म्वाइ' नारां थौं वयाः सार्थक रूप काःगु खनेदु । थुकिया मू श्रेय वनी कामपाया निवर्तमान मेयर भाजु विद्यासुन्दर शाक्ययात ।

संविधानय् न्हयथनातःगु छगू धारायात मूर्त रूप बिसैं वय्कलं कामपाया सामुदायिक व संस्थागत ब्वनेकुथिइ यें लागाया स्थानीय भाय् 'नेपालभाषा' ब्वंकेगु ज्या न्हयाकादिल । आपालं संघर्ष लिपा स्थानीय पाठ्यक्रमकथं नेपालभाषा दुथ्याकेगु ज्या धाःसा पूवन ।

मन्ह्याःतले न्हयाये थाकु, न्हयाये धुंकाः न्ह यचिले थाकु धाःथें नेपालभाषा ब्वंकेगु ज्या उलि अःपुक थौतकं सकसिनं स्वीकार्य धाःसा याये मफुनि ।

खतु, यें देय् धइगु नेवाःतय्गु आदिभूमि खः ।

थनया आदिवासी नेवाःत हे खः । तर राज्यया छगू इलय् लागू जुगु 'एक भाषा एक नीति' या धारणां नेवाःतय्त हे विस्थापित यायेगु थेंज्याःगु व्यवहार जुयाच्चंगु दु । थन खं दु, थीथी ब्वनेकुथिया स्थानीय पाठ्यक्रमया ।

सामुदायिक ब्वनेकुथिइ दुहां वनेबलय् मू-कथं निथी स्यनामित खंके फइ, स्थायी व नीजि स्रोत । गनं गनं राहत कोटा नं खनेदु । वय् कःपि सकसितं शिक्षकया दर्जा बियातःगु दु । तर नेपालभाषा ब्वंकीपि नेवाः स्यनामितय्त धाःसा प्रशिक्षककथं दुथ्याकातःगु दु । थन खं पदया जक मखु, मनूतय्सं स्वइगु दृष्टिकोणया नं खः । नेवाः स्यनामिपित मेमेगु विषय शिक्षकपिसं स्वइगु दृष्टिकोण तसकं पाः । छगू इलय् झीगु देशय् थीथी प्रथा दुगु खः । उकी मध्ये छगू प्रथा खः 'टिके प्रथा' गन जुजुं सिन्हः तिकाः गुगुं पद बीगु ज्या जुइ । मेमेगु विषय शिक्षकपिसं नेवाः स्यनामिपित कामपाया निवर्तमान मेयर भाजु शाक्यं सिन्हः तिकाहःपि कथं नं कायेगु यात । मेमेपि स्यनामित शिक्षक सेवा आयोगं परीक्षित जुयाः वःथें हे झी नेवाः स्यनामित नं कामपाया





शिक्षा विभागपाखें परीक्षित जुया: वयागु खं नेवा: स्यनामितयसं थःगु शिक्षण क्रियाकलापं क्यनादीगु झी सकसिनं खना हे च्वना ।

यें देय् देगलं तःमि जू थें नेवा: जाति संस्कृतिइ नं तःमि । थ्व खंयात नेवा: स्यनामितयसं फुक्क धइथें नेपालभाषा दुथ्या:गु ब्वनेकुथिइ प्रत्यक्ष रूपं क्यना बिउगु दु ।

नेपालभाषा पाठ्यक्रम अन्तर्गत ब्वनामितयसं ब्वनीगु सफूया नां हे 'यें देय् म्हसीके' । उगु सफुतिइ झी नेवा:तयसं हनीगु थीथी नखःचखःया बारे संक्षिप्त व्याख्या दु । अले स्यनामितयसं उकियात प्रत्यक्ष नं यानादिल ।

यंया:या इवल्य् प्याखं हुलीपि मजिपा: लाखे, पुलुकिसि वा कुमारी माजु, भैलःद्यः व गणेद्यः जुइमा वा सकिमना पुन्हिया हलिमलि ब्वज्या, मोहनिया नःलास्वां व मोहनि सिन्हः जुइमा वा चीधंगु मोहनि चथा: हे छाया मजुइमा, हरेक तःधंगु-चीधंगु नखःचखःयात नेवा: स्यनामितयसं थःथःगु ब्वनेकुथिइ हनेगु यानादीगु खनेदु । गुकिं याना: 'नेपालभाषा मबंकूसां जिउ' धका: न्हापा धायेगु या:पिसं हे नेपालभाषा, नेवा: संस्कृति व नेपालभाषा

स्यनामितयगु प्रशंसा या:गु खनेदु । अझ थज्या:गु व्यावहारिक शिक्षा मेमेगु विषयय् नं दुथ्याके दःसा अझ प्रभावकारी ढंगं ब्वनामितयसं गुगुं नं खं बांलाक सयेके फइ धका: खं नं न्हयथनेगु यानादीगु खनेदु ।

थ्व ला खं जुल, स्यनामितयगु । आ: खं वइ-ब्वनामितयगु । वास्तवय् धायेगु खःसा नेपालभाषा ब्वंकेगु इवल्य् सुरुवाती अवस्थाय् ब्वनामितयसं नं नेपालभाषायात उलि ययेकूगु धाःसा खनेमदु । तर नेपालभाषा ब्वना वनेगु इवल्य् धाःसा अप्वः हे ब्वनामितयसं नेपालभाषायात ययेकल । विशेष याना: नेपालभाषाया अप्वःथें कक्षा प्रयोगात्मक जूगुलिं ब्वनामितयगु दथुइ नेपालभाषाया कक्षा प्रभावकारी जूगु खः । अझ, कामपाया वर्तमान मेयर भाजु बालेन शाहजुं शुक्रवा: यात 'बुक फ्रि डे' धका: घोषणा याये धुंका: नेपालभाषाया कक्षाया प्रभावकारिता अझ प्रत्यक्ष रूपं खनेदत । ब्वनेकुथिइ नेपालभाषाया कक्षां भाषा व संस्कृतिया लिसेलिसैं भावनात्मक स्वापू नं स्थापित या:गु खनेदु । दसुया निरितिं वंगु मोहनिया इवल्य् ब्वनेकुथिइ नःलास्वां तयेगु ज्या जुल । उगु ज्याया इवल्य् ब्वनेकुथिया प्रधानाध्यापकजुं थौतक ब्वनेकुथिइ मेपि सुं नं स्यनामि थुकथं नःला स्वनेगु

ज्या मया:निगु खं कनादिल । ब्वनेकुथिइ नीन्हयदं न्ह
य: पला: तयादीम्ह वयकलं थ: ब्वनेकुथिं बिदा जुइ
निदं न्हय: न:लास्वने खना: तसकं लय्तासैं भावुक नं
जुयादिल ।

थुकथं नेपाभाषाया कक्षात प्रत्यक्षरूपं प्रभावकारी
जूगु खनेदु । वास्तवय् धायेगु ख:सा नेपालभाषा न्हूगु
भाषा जूगुलिं सुरु सुरुइ सकसिनं स्वीकार मया:सां
थौया इलय् नेपालभाषायात स्वीकार मया:पिं म्हो हे
दइ । भाषा लिसें संस्कार, संस्कृति नं सयेके दुगु व
विशेष याना: ब्वनामितय्गु लागि अप्व: थें 'सेलिब्रेसन'
जुइगु तसकं न्हयइपुयाच्वंगु खनेदु । आ: ला ब्वनामित
मेमेगु विषयय् फेल जूसां नेपालभाषाय् धा:सा अ:पुक
हे पास जूगु खनेदु । थुकथं समग्रय् स्वयेगु ख:सा

नेपालभाषाया कक्षात आ: ई बिना वलिसे धमाधम
प्रभावकारी जुजुं वयाच्वंगु खनेदु । जिं ब्वकेगु
कलंकीया जनपथ मावि खास हे नेवा: विद्यार्थीत दुगु
स्कुल मखु । तर अन आ: 'यैं देय् म्हसीके' ब्वनीपिं
हरेक विद्यार्थीत नेपालभाषाया कक्षा कायेगु धाल कि
हुरुक्क जू । थ्वहे सकारात्मक अवस्था यैंया मेमेगु
स्कुलया विद्यार्थीतय्सं नं क्यना हयाच्वंगु खनेदु ।
थ्व तसकं सकारात्मक खँ ख: । थुकिं विद्यार्थीतय्सं
यैं देय्यात अफ सतिक च्वना: म्हसीकेगु अवसर
चूलाकाच्वंगु दु । यैं देय् धइगु थनया कला, संस्कृति
व सम्पदा जक मखु, थन ल्हाइगु भाषा नं ख: । थ्व
खँयात भीसं त्व:मंके मजिउ ।



क्षेत्रा संतना

NEPAL SAMBAT 1143

We would like to wish you a very
HAPPY NEW YEAR

MONTY'S KINGSTON

53 Fife Road,
Kingston upon Thames KT1 1SF
020 8546 1724



The Vibrant Tapestry of PPGUK, London :

A Year of Memorable Events (2022-2023)

Nhu Dan–Nepal Sambat 1144 Celebration

October 2022

Pasa Puchah Guthi UK London marked the auspicious occasion of Nepal Sambat 1143 on 26th October 2022 with a grand celebration held at Ealing Town Hall. The event, attended by over 250 enthusiastic participants, was graced by the presence of the esteemed Ambassador of Nepal to the UK, HE Gyan Chandra Acharya, who served as the chief guest for the evening. Guests were warmly welcomed with traditional tika from Pancha Kanya and Sagan (Sagun), adding to the festive atmosphere.

The festivities commenced with the inauguration ceremony led by Ambassador HE Gyan Chandra Acharya, along with Ojesh Singh, the then President of Pasa Puchah Guthi UK, and Rukmani Manandhar, President of Pasa Puchah Guthi, UK, London. A highlight of the event was the release of the annual magazine, 'Guthi,' dedicated to the community served by Pasa Puchah Guthi UK.

The celebration continued with a vibrant Bhintuna rally and captivating cultural performances, including traditional dances from the Kathmandu valley such as lakhe, bhairab, Mahakali, Pulun Kisi, and Lakhe from Khotang. The stage came alive with talented artists showcasing mesmerizing Newah dances and songs. The cultural extravaganza culminated in the kumari yatra, captivating the audience with its cultural richness. As a fitting conclusion to



the event, guests were treated to a delectable Newah feast, ensuring everyone left with cherished memories of the festive occasion. The evening concluded with heartfelt gratitude expressed through a vote of thanks delivered by the Vice President

Kaidi ko Patra

Movie Screening at Cineworld, Wembley

March 2023



"On Saturday, March 11th, 2023, Pasa Puchah Guthi UK – London, brought a touch of Nepali cinematic excellence to the heart of London by hosting a special screening of the movie 'Kaidi ko Patra' at the bustling Cineworld cinema in Wembley. Directed by Mr. Sannam Kumar Bairag, the film was a cinematic adaptation of the critically acclaimed book of the same name penned by the Late Mr. Ishwar Prasad Manandhar. Notably, Mr. Manandhar was not only a revered senior writer but also a founding member of PPGUK and had served as the Presi-

dent of Pasa Puchah Guthi UK from 2004 to 2006. His enduring legacy in Nepali literature was evident through his numerous literary works.

The event drew an enthusiastic audience of over one hundred individuals, among whom were esteemed personalities like renowned actress Karishma Manandhar, aspiring actress Kabita Manandhar, and producer/director Binod Manandhar. Adding to the star-studded affair, the movie featured talented actors from the UK, including Kunal Bishwo, Salina Thapa Magar, and Prithvi Raj Khatri. The unique aspect of the movie lay in its shooting location – the picturesque landscapes of Scotland served as the backdrop for this cinematic masterpiece.

The evening commenced with a warm welcome from PPGUK London President, Rukmani Manandhar, setting the stage for an unforgettable cinematic experience. Closing the event on a note of gratitude was the then PPGUK President, Ojesh Singh, who extended his thanks to everyone involved. The screening not only celebrated the artistry of Nepali cinema but also paid a heartfelt tribute to the Late Mr. Ishwar Prasad Manandhar, leaving a lasting impact on all those in attendance."

Guthi Seminar 2023 – ‘Newahs in Contemporary British Society’

April 2023



Pasa Puchah Guthi UK – London hosted “Newahs in Contemporary British Society” on Saturday, 22nd April 2023, at the Khalili Lecture Centre, SOAS University. The event, attended by over 70 participants, featured 12 speakers from various corners of the UK and covered diverse topics under four sessions: Art and Culture, Language and Food, STEM, and Finance and Entrepreneurship.

Renowned French social anthropologist and Indologist, Professor Gerard Toffin, delivered the keynote speech, exploring the spirit of the Newah Guthi System from traditional to modern perspectives. The seminar, chaired by experts in their respective fields, delved into subjects like animation, handwriting recognition technology, Newah foodways in London, and sustainable finance, showcasing the multifaceted contributions of Newahs to contemporary British society.

The event concluded with closing remarks from the then, PPGUK-BOT President, Ojesh Singh, emphasizing the importance of preserving Newah culture while embracing innovation. The seminar was a resounding success, shedding light on the diverse contributions of Newahs to contemporary British Society and highlighted the importance of preserving and promoting Newah culture and traditions while embracing modernity and innovation.

Annual Guthi Picnic in the Park July 2023



PPGUK, London hosted its highly anticipated annual picnic on Sunday, 9th July 2023 at the picturesque setting of Parliament Hill with delicious Nepalese cuisine, traditional games, and vibrant cultural experiences.

The event kicked off with a delectable array of starters, featuring beloved Nepalese delicacies such as chatpate, pasta, and sandwiches. As the main course, attendees were treated to the mouthwatering Newah Bhoje, allowing them to indulge in the authentic flavors of Nepalese cuisine. The gathering provided a unique opportunity for participants from various parts of the UK to savor the rich culinary heritage of Nepal.

In a lovely sunny day, attendees engaged in a wide range of exciting games and activities, transforming the picnic into an unforgettable experience. The sky was adorned with the colorful sight of a Nepali kite soaring high, capturing the fascination of onlookers. Laughter echoed through the air as participants competed in traditional games like the Spoon race, testing their coordination and speed. The popular game of 'Fasi Paa Waa' – 'Come cut the Pumpkin' challenged participants' accuracy and precision, adding an element of thrill to the day. The timeless game of Bingo further heightened the atmosphere of friendly competition, fostering a sense of community and camaraderie among the attendees. The event was graced by the presence of esteemed figures from the Nepalese community, including Ramesh Khoju, former president of the Nepalese Doctors Association, and renowned singer Yogeshor Amatya. Their attendance added a touch of grandeur to the occasion, enhancing the overall enjoyment for all present.

As the day concluded, participants left with cherished memories of cultural immersion, laughter, and newfound friendships.

Mohani Celebration at Harrow Football Club *October 2023*

London, 15th October 2023 – In a vibrant display of culture and community spirit, Pasa Puchah Guthi UK, London, hosted a Mohani Celebration titled 'Music, Masti, Mohani' at Harrow Football Club on Sunday, 15th October 2023. The event, which followed the theme "Black and Red," in honor of the traditional Haku Patasi Saree worn by Newah girls and women in Kathmandu, Nepal, was a resounding success, drawing more than 100 enthusiastic participants from across the UK.

The evening commenced with a heartfelt blessing by Mrs. Renu Manandhar, an esteemed elder member of the Guthi, who adorned attendees with Tika, Kokha, and Samay-baji. The gathering indulged in a sumptuous spread of Newah delicacies, including Chhoyela, Bara, Achar, eggs, and baji, followed by the delectable Newah Bhoys. This gastronomic journey offered a taste of Nepal's rich culinary heritage.

Marking a historic milestone, this is the first-ever Dinner and Dance extravaganza program hosted by Pasa Puchah Guthi UK. The night came alive with melodious renditions of popular songs, captivating dance performances by, and a soul-stirring poetry recital. DJ Hem Bista played a pivotal role in creating an energetic ambiance that kept attendees on their feet throughout the night. The event also recognized talent and style with awards such as Best Male Dancer, Best Female Dancer, Best Dressed Female, Best Dressed Male, Best Dressed Boy, and Best Dressed Girl, adding an element of friendly competition to the festivities.

Pasa Puchah Guthi UK, London expressed heartfelt gratitude to the individuals, talented performers, generous sponsors, esteemed judges, EC Members, volunteers and sponsors who played crucial roles in making the evening memorable.

PPGUK London extended warm thanks to all attendees, whose presence added to the event's charm and ensured unforgettable memories. The Mohani Celebration not only celebrated tradition and talent but also reinforced the sense of community among the Nepalese diaspora in the UK.



Photo Story 2022-2023





Pasa Puchah Guthi, UK - London

GUTHI SEMINAR

Newahs in Contemporary British Society



KEY NOTE SPEAKER | PROFESSOR GÉRARD TOFFIN

Prof. Gérard Toffin is a social anthropologist and ethnographer, Distinguished Emeritus Director of Research at the CNRS, Paris, working at the crossroads of anthropology, sociology, history, and political science. He has conducted extensive research on different aspects of Newar culture, and his numerous publications on Nepal and the Himalayas, include: *Pyangaon, une communauté néwar de la vallée de Katmandou* (1977), *Panauti une ville de Népal* (1978), *Société et religion chez les Néwar du Népal* (1984), *From Kin to Caste. The role of Guthi in Newar Society and Culture* (2005), *Imagination and reality. Nepal Between Past and Present* (2016).





PPGUK - London Annual Guthi Picnic 2023





PPGUK - London Mohani Celebration 2023





PPGUK LONDON ACCOUNTS 1st August 2022-31st August 2023

Opening Balance as at 1st August 2022 £4,519.12

Incomings	Amount
AGM	
Membership fee	£645.00
Life Membership	
Rosy Manandhar	£150.00
Pranisha Shakya	£150.00
Books Sale	£35.00
Mha Puja	
Advertisement / Vintuna	£3,260.00
Tickets	£3,309.20
Drinks	£325.00
Raffle	£262.00
Kaidi Ko Patra	
Income	£1,425.00
Sponsorship	£200.00
Guthi Seminar	
Entry fee	£234.67
Sponsorship	£450.00
Picnic	
Ticket Sale	£1,962.90
Drinks	£123.00
Bingo	£35.00
TOTAL Incomings	£12,408.77

Outgoings	Amount
AGM	
Postage	-£6.85
Food	-£200.00
Mha Puja	
Hall	-£1,966.00
Printing	-£800.00
Drinks	-£274.70
Sound	-£400.00
Food	-£3,500.00
Projector	-£96.00
Kumari dance	-£100.00
Mis expenses	-£57.29
sumup /online fee	-£84.72
Kaidi Ko Patra	
Cinema hall booking	-£1,700.00
Guthi Seminar	
Mis expenses	-£12.06
Accommodation	-£475.20
Seminar exp	-£267.50
Picnic	
Drinks	-£105.00
Face painting	-£10.00
Online fee	-£20.10
food	-£150.00
Accountant fees	-£100.00
IT	-£20.39
Advance for hall for Mha Puja 2023	-£806.00
Total Outgoings	-£11,151.81

Current Account	£5,776.08
Saving Account	£4,020.71
Closing balance 31st August 2023	£9,796.79



Champa Devi Manandhar

24 May 1944 -29 August 2023

We express our deepest condolences on the sudden demise of 'Mrs Champa Devi Manandhar', beloved mother-in-law of our President, Ms Rukmani Manandhar, Pasa Puchah Guthi UK, London. May the bereaved family have enough strength to bear this profound grief and irreparable loss.

Executive Committee, PPGUK -London



Janaki Devi Manandhar

27 May 1933 - 27 Oct 2023

We extend our heartfelt condolences to the family of Mrs. Janaki Devi Manandhar, wife of our esteemed founder member, Late Mr. Ishwar Prasad Manandhar, and beloved mother of our dedicated Treasurer, Ms. Sabita Manandhar, Pasa Puchah Guthi UK, London. We understand the profound grief and sense of loss they are experiencing, and we wish them strength and perseverance during this challenging time.

Executive Committee, PPGUK -London



NABIN & NABIN

JEWELLERS

Where Style Meets Sparkle



☎ 07780054850

🌐 www.facebook.com/nnnjewellers

📍 24 Station Road, Aldershot, GU11 1HT

FIND US ON





info@peepal.co.uk | www.peepal.co.uk

One Stop Solutions for your Property needs

Sales | Lettings | Management | Property Investments
Mortgages | Commercial Finance | Insurance | Wills | Conveyancing



Surya Gurung

Managing Director

07545 212 270

surya@peepal.co.uk



Pallavi Shrestha CeMAP, DipFA, MBA

Mortgage & Protections Adviser

07591 836 775

pallavi@peepal.co.uk

Aldershot

19 Grosvenor Rd
GU11 1DL
01252 947555

Ashford

Suite 1, Henwood Pavilion
TN24 8DH
01233 226319

Bexleyheath

335 Broadway
DA6 8DT
02081 947677

Swindon

119 Commercial Road
SN1 5PL
01793 387999

Tidworth

4 Station Road
SP9 7NN
01980 881200



WE HAVE BEEN A SECURITY SERVICE PROVIDER IN THE UK SINCE 2005



For almost two decades, we've led the charge in providing unbeatable security solutions across a range of industries, from Corporate to Healthcare, Education to Transport, and even Retail and Private sectors. Our unwavering dedication to delivering first-rate service and unrivaled expertise has made us the go-to security provider for countless clients.

Get in touch with us today to discover how we can safeguard your world!



SIA Courses

Buckle up and become a top-notch SIA security officer with the expert guidance of our dedicated team of instructors!



Security Service

We've got you covered 24/7! Rest easy knowing that your property, assets, and team are well taken care of.



Recruitment

Our Secret Recipe for Success: Our People! Our team spirit and uplifting work culture are the driving force behind our accomplishments.

Nhu Daya Bhintuna 1144 from GSS Team



01252 510 707

Address : 16 Fernhill Road, Falcon House,
Farnborough, Hants, GU14 9RX
Website: www.gss4u.co.uk
Mailbox : info@gss4u.co.uk